
Ion channel formation by Alzheimer's disease amyloid β -peptide (A β 40) in unilamellar liposomes is determined by anionic phospholipids

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A B S T R A C T

Incorporation of Alzheimer's disease amyloid β -proteins (A β Ps) across natural and artificial bilayer membranes leads to the formation of cation-selective channels. To study the peptide-membrane interactions involved in channel formation, we used cation reporter dyes to measure A β P-induced influx of Na⁺, Ca²⁺, and K⁺ into liposomes formed from phosphatidylserine (PS), phosphatidylinositol (PI) and phosphatidylcholine (PC). We found that A β 40, but not A β 40-1 or A β 28, caused a dose-dependent increase in the concentration of each cation in the lumen of liposomes formed from the acidic phospholipids PS and PI. The A β 40-induced changes in cation concentration, which we attribute to ion entry through A β 40 channels, were not observed when using liposomes formed from the neutral phospholipid PC. Using mixtures of phospholipids, the magnitude of the A β P40-induced ion entry increased with the acidic phospholipid content of the liposomes, with entry being observed with as little as 5% PS or PI. Thus, while negatively charged phospholipids are required for formation of cation-permeable channels by A β 40, a small amount is sufficient to support the process. These results have implications for the mechanisms of A β P cytotoxicity, suggesting that even a small amount of externalized negative charge could render cells susceptible to the deleterious effects of unregulated ion influx through A β P channels.

Keywords:

Neurotoxicity

A β P40

Cation channels

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Phosphatidylserine

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1. Introduction

Amyloid β -peptides (A β Ps), such as A β 40 and A β 42, are constituents of the senile plaques found in various regions of the brain of patients with Alzheimer's disease. These peptides are the products of proteolytic processing of amyloid precursor protein (APP) and have been implicated as causal factors in the neurodegeneration associated with Alzheimer's disease [13,23]. Several lines of evidence indicate that the cytotoxicity of A β Ps may be related to a disruption of cellular

Ca²⁺ homeostasis subsequent to interaction of the peptide with the plasma membrane [21,33,34,44]. Proposed mechanisms for the A β P-induced Ca²⁺ dysregulation include activation of specific membrane receptors or endogenous Ca²⁺ channels [9,55], disruption of membrane integrity or fluidity [36,38,46], and formation of ion channels by A β Ps themselves [5,6,31,37,60].

Numerous works have demonstrated that cytotoxic A β Ps can spontaneously incorporate from solution into negatively charged phospholipid bilayers [3,6-8,25,37,41,47,49]. Once in

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the membrane, A β 40 forms Zn²⁺-sensitive cationic channels with the permeability sequence: Cs⁺ > Li⁺ > Ca²⁺ \geq K⁺ > Na⁺ [8]. Based on this observation, Arispe et al. proposed that A β 40 toxicity results from the formation of ion channels in the target membrane, followed by unregulated influx of Na⁺ and Ca²⁺, and efflux of K⁺ [5,6]. In support of this concept, A β 40 was shown to form ion channels in membrane patches from a hypothalamic GnRH neuronal cell line [34] and A β 40 as well as other cytotoxic peptides can induce a Zn²⁺-sensitive Ca²⁺ influx in cultured neuronal cells and astrocytes [1,34].

Although the properties of A β P channels and the factors governing their formation have been studied in depth using planar lipid bilayers, less information is available regarding the changes in ion concentration that result from A β P channel activity in three dimensional systems. Unilamellar liposomes, with their large surface area to volume ratio ($\sim 1.5 \times 10^7 \text{ m}^{-1}$), represent an ideal model for such studies. In addition to allowing incorporation of channel-forming proteins, the liposomes can be loaded with compounds, such as fluorescent probes, and have the capacity to generate a membrane potential under conditions of asymmetrical ion distribution [14,17,50,56]. As such, the giant unilamellar liposome is the artificial membrane system that is the nearest to a cellular membrane. Early studies using unilamellar liposomes in conjunction with ⁴⁵Ca²⁺ uptake measurements demonstrated that A β 40 forms Ca²⁺-permeable, Zn²⁺-sensitive channels in liposomes formed from negatively charged phospholipids [42,50].

In this work, we examined the effects of phospholipid composition on A β 40-induced Na⁺, Ca²⁺, and K⁺ entry into giant unilamellar liposomes loaded with fluorescent ion indicators. We found that the peptide stimulated a rapid influx of ions into liposomes containing as little as 5% phosphatidylserine or phosphatidylinositol (acidic), but not into those formed from 100% phosphatidylcholine (neutral). Furthermore, the magnitude of the A β 40-induced rises in luminal cation concentration increased steadily with the acidic phospholipid content of the vesicles. These results provide further evidence that membrane insertion and channel formation by A β 40 is mediated by interactions with negatively charged phospholipids, and support a model, whereby cellular susceptibility to A β 40 cytotoxicity is determined at least in part by the amount of negative charge on the external leaflet of the plasma membrane.

2. Materials and methods

2.1. Preparation of unilamellar liposomes

Unilamellar liposomes were prepared from mixtures of palmitoyl-oleoyl-phosphatidylserine, palmitoyl-oleoyl-phosphatidylcholine, and palmitoyl-oleoyl-phosphatidylinositol, using a modification of the protocol described by Hope et al. [26,27]. The lipids were first dissolved in chloroform and mixed in the desired molar ratio. After drying, the lipid mixtures were hydrated for 30 min. The hydration (internal) solution was (in mM): 100, tetramethylammonium hydroxide (TMA); 0.1, ethylene diamine tetraacetic acid (EGTA); 5, tromethamine (Tris); 10, Hepes. The pH of the solution was

adjusted to 7.4 with HCl and the osmolarity was adjusted to 190–205 mOsm/l. Finally, 150 μ M of the acidic form of the relevant fluorescent probe (SBFI for Na⁺; PBFI for K⁺; Indo-1 for Ca²⁺) was added to mixture. The lipid–solution mixture was stirred with a vortex for 1 min and filtered with a 0.1 μ m polycarbonate filter. To enhance the unilamellar liposome formation, the mixture was frozen, thawed, and filtered several times.

Following the previous protocol, the preparation was eluted through a Sephadex G-25M column (PD-10, Pharmacia Fine Chemicals, Uppsala, Sweden) in the presence of one of the following external solutions, and collected in 1 ml aliquots using an automatic collector. For liposomes loaded with the Na⁺ indicator, SBFI acid, the external solution was (in mM): 100, NaCl; 0.1, EGTA; 10, HEPES. For liposomes loaded with the K⁺ indicator, PBFI acid, the external solution was (in mM): 100, KCl; 0.1, EGTA; 10, HEPES acid. Finally, for liposomes loaded with the Ca²⁺ indicator, Indo-1 acid, the external solution was (in mM): 100, TMA-Cl; 1.2, CaCl₂; 0.1, EGTA; 10, HEPES acid. The pH of each solution was adjusted to 7.4 and the osmolarity to 190–200 mOsm/l.

2.2. Determination of the phosphate concentration of liposome preparations

We determined the phosphate concentration of each preparation as a measure of the quantity of liposomes. To this end, a 25 μ l aliquot of the liposome fraction was incinerated in the presence of 10% MgNO₃. The incineration product was then dissolved in a solution of 0.4% ammonia molybdate and 1.25% ascorbic acid in 0.5 M HCl. After incubation for 20 min in a water bath at 45 °C, the absorbance of the samples and of known phosphate standards was measured at 800 nm using a spectrophotometer (Gilford Instruments, Oberlin, OH). Once the total phosphate concentration of the preparations was determined (generally, 0.2–0.3 mM), aliquots were diluted to a final concentration of 55 μ M for use in the experiments described below.

2.3. Liposome aggregation studies

Liposome aggregation was monitored by measuring changes in solution absorbance corresponding to increased turbidity [4,39]. PS and PC liposomes were suspended at a final phosphate concentration of 55 μ M in the following solution (in mM): 100, NaCl; 0.1, EGTA; 10, HEPES acid (pH 7.4, 200 mOsm/l). The absorbance at 350 nm was then recorded before and after addition of A β 40.

2.4. Fluorescence measurements

Continuous measurements of fluorescence emission from dye-loaded liposomes were carried out using a modified cuvette-based fluorimeter. The high-sensitivity system was equipped with a UV arc lamp (ORIEL Instruments, Stratford, CT) and a photomultiplier (Products For Research Inc., Danvers, MA) with a high voltage power supply (Thorn Emi, UK). For each experiment, liposomes were dispersed in the relevant external solution to a final phosphate concentration of 55 μ M and placed in a 10 mm quartz cuvette that was then

loaded into the fluorimeter chamber. The dye in the liposomes was excited at 350 nm for SBFI and PBFI, and at 340 nm for Indo-1. The fluorescence emission was measured at 505 nm (SBFI and PBFI) or 405 nm (Indo-1). During the experiments, the photomultiplier signal was recorded on videotape (Unitrade, Toshiba, Japan) and digitized to a PC using a DMA TL-1 interface and Axoscope software (Axon Instruments, Foster City, CA). Finally, we used Origin 6.1 software (OriginLab Inc., Northampton, MA) to filter the signals by adjacent averaging and to prepare figures. Each experiment lasted 5 min or less, during which no bleaching of the fluorescence signal was noted.

2.5. Calibration curves

Because the background fluorescence of the liposome preparations was variable, the data in this paper are presented as

uncalibrated measurements of fluorescence intensity at the emission wavelengths of the reporter dyes, with the background level manually set to zero at the start of each experiment. However, in order to estimate the detection range of our system, we constructed empirical calibration curves for each probe. We first estimated the total amount of probe inside the liposomes within the cuvette. Using a ratio of liposome volume to phospholipid concentration of $2.2 \mu\text{l}/\mu\text{mol}$, from Hope et al. [26,27], we calculated a volume of $0.24 \mu\text{l}$ for the $55 \mu\text{M}$ of phosphate used for these experiments. The total amount of dye was then calculated as 36 pmol. The calibration curves were obtained by adding increasing amounts of the corresponding cation to solutions containing the calculated amount of probe (Fig. 1). The relationship between the ion concentration and the probe emission was fit with a sigmoidal equation, with half-maximal emission concentrations of 3.4 mM for Na^+ (SBFI), $0.6 \mu\text{M}$ for Ca^{2+} (Indo-1), and 3.6 mM for K^+ (PBFI).

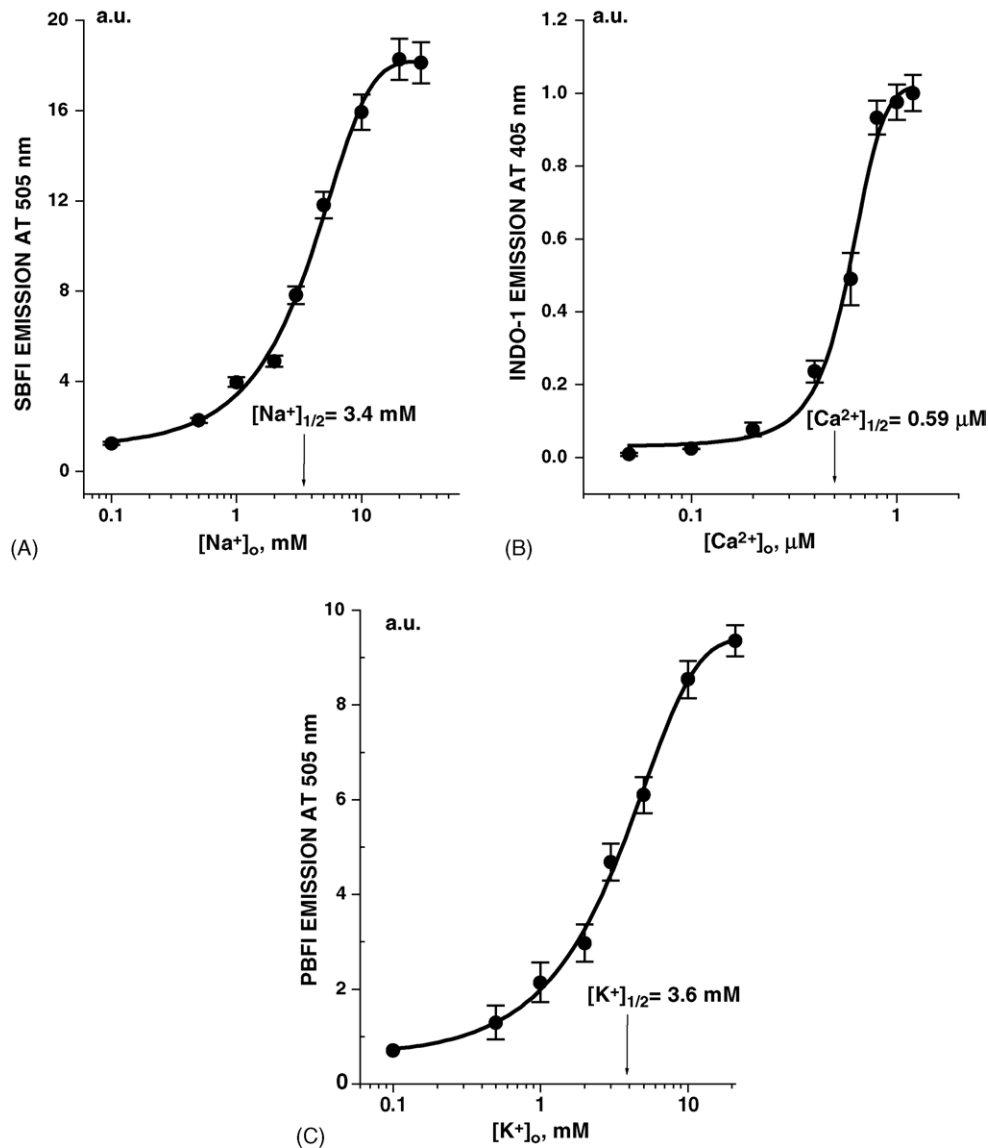


Fig. 1 – In vitro calibration curves for: (A) SBFI (Na^+); (B) Indo-1 (Ca^{2+}); (C) PBFI (K^+). Each curve was obtained by adding increasing concentrations of the respective ion to a 100 mM TMA-Cl buffer solution and measuring the steady-state dye emission at the indicated wavelengths. The values in each curve are mean \pm the standard error ($n = 4$).

2.6. Drugs and peptides

Lipids were purchased from Avanti Polar Lipids Inc. (Alabaster, AL). The synthetic peptides used in this work (A β 40, A β 40-1, A β 28) were all from Bachem (Torrance, CA). The purity of each peptide batch was certified as >99% by HPLC analysis. The acid form of the fluorescent probes SBFI, PBFI, and Indo-1 were obtained from Molecular Probes (Eugene, OR). All other reagents were from Sigma (St. Louis, MO) and Calbiochem (San Diego, CA).

2.7. Presentation of data and statistics

Data are presented as mean \pm S.E.M. Curve fitting was performed using Origin 6.1 software. Each time course of fluorescence emission presented in the figures is representative of four to six repetitions of the experiment. Statistical analysis was performed using paired and unpaired Student's *t*-tests.

3. Results

3.1. A β 40 evokes dose-dependent Na⁺ and Ca²⁺ entry in PS liposomes

Fig. 2A shows the time course of 505 nm fluorescence emission measured from freely suspended PS liposomes loaded with the Na⁺ reporter dye SBFI. Application of A β 40 induced a rapid elevation of the emission at 505 nm, which reached a plateau within several seconds. The steady-state emission reached progressively higher levels as the concentration of the peptide was increased from 1 to 10 μ M. To confirm that the system detects changes in the luminal free Na⁺ concentration, a separate set of SBFI-loaded liposomes was exposed to the Na⁺-specific exchanger monensin. As expected, monensin induced a rapid increase in the 505 nm emission from the SBFI trapped within the vesicles (Fig. 2A, inset). As shown in Fig. 2B, A β 40 also evoked a dose-dependent increase in the 405 nm fluorescence emission when applied to vesicles loaded with the Ca²⁺ indicator Indo-1. In this case, the functionality of the system was confirmed by measuring the response of Indo-1-loaded liposomes to the Ca²⁺ ionophore, A23187 (Fig. 2B, inset). The A β 40-induced rises in both Na⁺ and Ca²⁺ concentration were attenuated by approximately 50% in the presence of 100 μ M Zn²⁺ (data not shown), an antagonist of A β P channels [7,32,34,42].

Fig. 3 is a dose-response curve for the A β 40-evoked increase in Indo-1 fluorescence emission from liposomes formed by PS. The relationship between steady-state dye emission and A β 40 concentration was non-linear over the range tested, and could be fit by a Boltzmann function with a half-maximal A β 40 concentration of 3.3 μ M. Together, the data in Figs. 2 and 3 indicate that A β 40 is able to induce entry of the cations Na⁺ and Ca²⁺ from the external medium.

Recent data have demonstrated that A β P can induce aggregation of liposomes, the rate of which depends on membrane lipid composition and other experimental conditions [4,39,40]. Since the increase in solution turbidity caused by liposome aggregation is associated with increased light

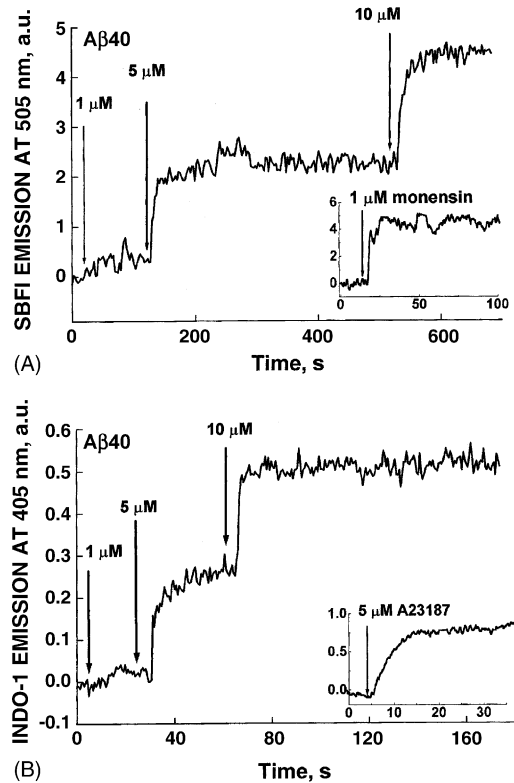


Fig. 2 – A β 40-induced Ca²⁺ and Na⁺ entry in unilamellar liposomes. (A) Addition of increasing concentrations of A β 40 induced an increase of the fluorescence emission from the Na⁺ indicator SBFI. The inset shows the increase in SBFI emission evoked by 1 μ M monensin. (B) Addition of increasing concentrations of A β 40 induced an increase in emission from the Ca²⁺-sensitive dye Indo-1. The inset shows the emission increase evoked by 5 μ M A23187. Each curve is representative of six experiments.

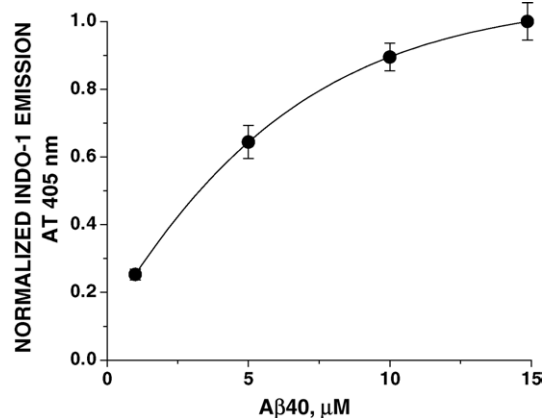


Fig. 3 – Concentration dependence of A β 40-induced Ca²⁺ entry in PS liposomes. Liposomes made from PS were loaded with Indo-1 and exposed to various concentrations of A β 40, and the increase in fluorescence emission from the dye was recorded. The data were normalized to the change in emission induced by 15 μ M A β 40 and fit with a Boltzmann function. Points represent mean \pm S.E.M. (*n* = 4–5).

absorbance, liposome aggregation could conceivably attenuate the signal emitted from the fluorescent probes. Such attenuation would not affect our conclusion that A β 40 induces cation entry in PS liposomes, but could result in an underestimate of the magnitude of the effect. However, using liposomes without reporter dyes, under the conditions and time frame of our experiments, we observed that A β 40 did not produce the increase in absorption at 350 nm that is characteristic of liposome aggregation (data not shown). We, therefore, concluded that our experimental results are not affected by A β 40-induced liposome aggregation.

3.2. A β 40-1 and A β 28 do not induce ion influx across unilamellar liposomes formed from PS

As shown in Fig. 4, A β 40 evoked an increase of the SBFI, Indo-1, or PBFI emission, representative of entry of the respective cation, but this effect was not observed, when either the reverse sequence of the peptide, A β 40-1, or a truncated form of the peptide, A β 28, was used. The same results were observed when the addition sequence was changed (i.e., A β 40-1, then A β 28, then A β 40, changed to A β 28, then A β 40-1, then A β 40, etc.), eliminating the possibility of any cumulative influence of one type of peptide on the others (data not shown). A β 40-1, despite having the same amino acid sequence, has a different spatial structure compared to the cytotoxic A β 40. On the other hand, A β 28 lacks the hydrophobic C-terminal of A β 40, which corresponds to the transmembrane α -helix region of APP and

is likely the site of insertion of A β 40 into lipid membranes [29]. The results in Fig. 4 indicate that these structural differences result in an inability of A β 40-1 and A β 28 to form cation-permeable channels in liposomes formed from PS.

3.3. A β 40, A β 40-1, and A β 28 do not induce ion influx in unilamellar liposomes formed from phosphatidylcholine

The observation that A β 40 preferentially forms ion channels in negatively charged lipid bilayers [6,25,54] raises the question of whether A β 40 can incorporate into liposomes formed from neutral phospholipids and induce ion influx. Fig. 5 shows that A β 40-1, A β 28, and most notably, A β 40, did not change the SBFI, Indo-1, or PBFI emission when they were added to liposomes formed from PC. At the end of each experiment, the functionality of the fluorescent probe in the liposomes was demonstrated using the corresponding Na⁺, Ca²⁺ or K⁺ ionophores. These results demonstrate that A β 40 does not form channels in liposomes formed from neutral phospholipids.

We next examined the ability of A β 40 to form channels in liposomes formed from mixtures of PS and PC. The superimposed records in Fig. 6A show that 5 μ M A β 40 induced a larger elevation of the Indo-1 fluorescence emission from liposomes composed of 50% PS than from those containing 5% PS. The difference in response between the two populations of liposomes did not result from differences in the quantity of liposomes or the extent of loading with the indicator, since the

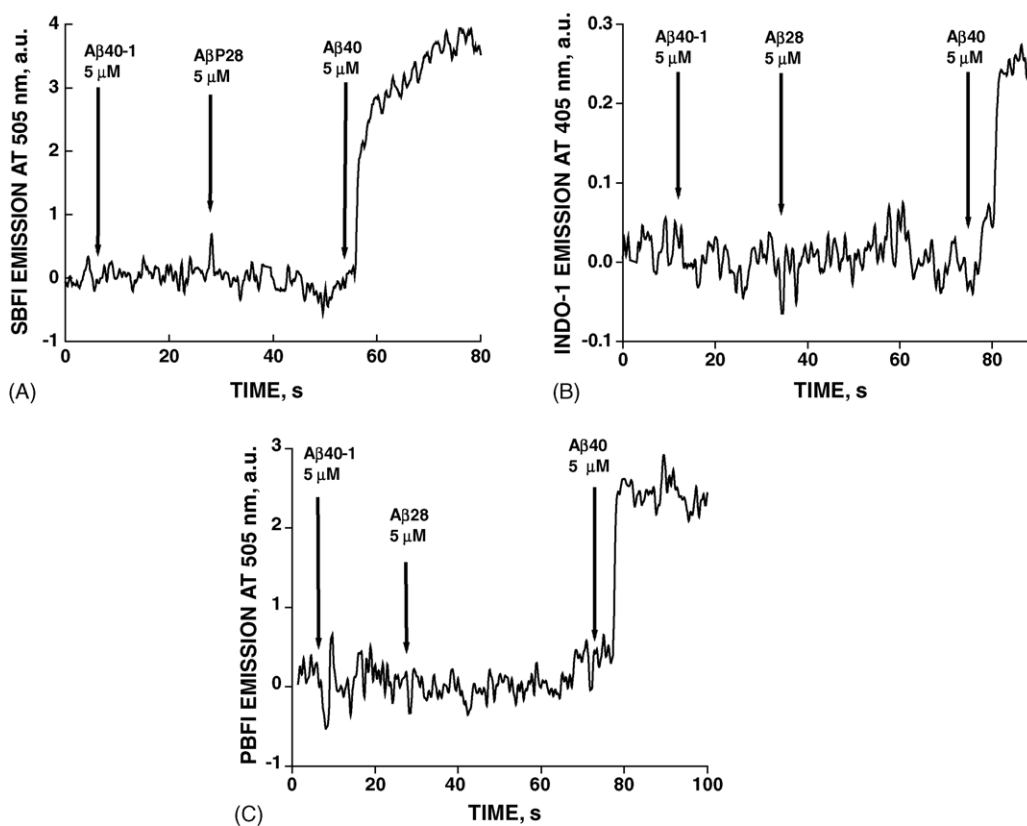


Fig. 4 – Effects of different A β Ps on ion entry in PS liposomes. Liposomes formed from PS were loaded with: (A) the Na⁺ indicator SBFI; (B) the Ca²⁺ indicator Indo-1; (C) the K⁺ indicator PBFI, and were exposed to A β 40-1, A β 28 and A β 40 as indicated by the arrows. The data are representative of five experiments with each indicator.

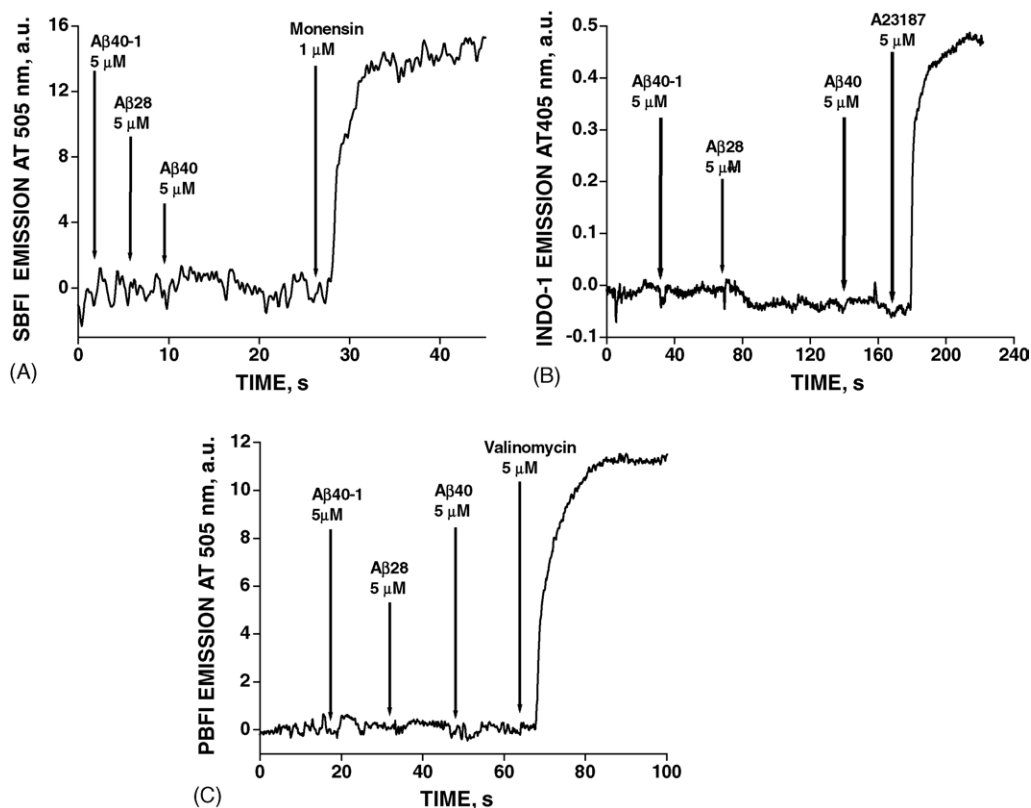


Fig. 5 – Amyloid peptides do not induce ion entry in PC liposomes. Liposomes formed from PC were loaded with: (A) the Na^+ indicator SBFI; (B) the Ca^{2+} indicator Indo-1; (C) the K^+ indicator PBFI and were exposed to A β 40-1, A β 28 and A β 40 as indicated by the arrows. The peptides produced no change in luminal cation concentrations, whereas the Na^+ exchanger monensin (A); the Ca^{2+} ionophore A23187 (B); the K^+ ionophore valinomycin (C)-induced rapid increases in the emission of the respective ion-sensitive dyes. The data are representative of five experiments with each indicator.

Indo-1 emission reached the same plateau upon addition of the Ca^{2+} ionophore A23187 at the end of each experiment. As shown in Fig. 6B, the steady-state, A β 40-induced increase in Indo-1 fluorescence emission increased steadily with the PS content of the liposomes. Interestingly, the presence of as little as 5% PS in the liposomes was sufficient to observe a small but significant Ca^{2+} entry in response to A β 40 ($p < 0.01$). The data were fit with a Boltzmann function with half-maximal response occurring at a PS content of 24%.

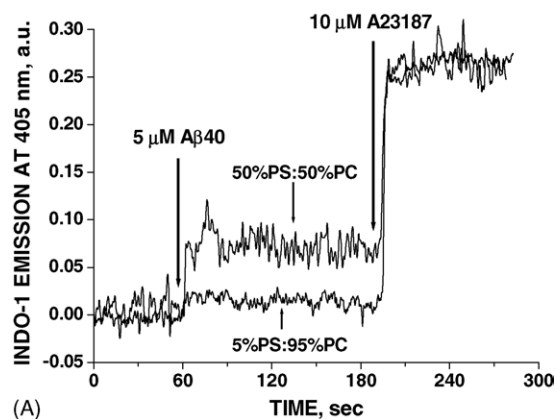
We next sought to determine if the facilitation of A β 40-induced ion influx observed in liposomes with increasing acidic phospholipid content is specific for PS. To this end, we performed experiments using a different acidic phospholipid, phosphatidylinositol (PI), also in mixtures with PC. Fig. 7 shows that A β 40 did indeed induce a rise in the luminal-free Ca^{2+} concentration of liposomes containing as little as 5% PI. Similar to the experiments with PS, the steady-state increase in Ca^{2+} concentration was greater in liposomes composed of 50% PI compared to 5% PI ($p < 0.03$, $n = 4$). No rise in the Ca^{2+} concentration was observed when liposomes formed from PI were exposed to A β 40-1 or A β 28 (data not shown). Together, the results demonstrate that the capacity of A β 40 to induce ion influx in unilamellar liposomes is determined by the amount, and not the specific type of acidic phospholipid in the membrane.

4. Discussion

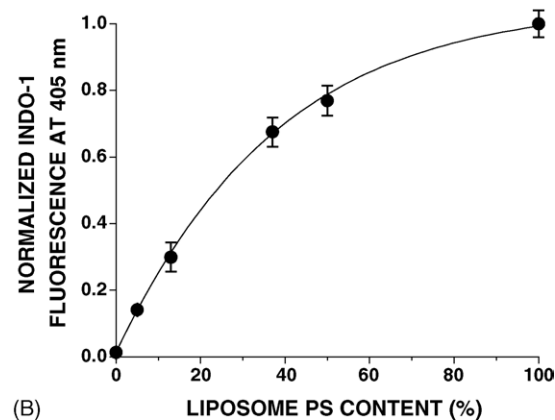
4.1. A β 40 induces ion influx in unilamellar liposomes

The central premise of the ion channel hypothesis for Alzheimer's disease is that wayward cation flux through channels formed by amyloid β -peptides (A β Ps) in neuronal membranes disrupts intracellular ion homeostasis, resulting in cellular dysfunction and death [5,6,32]. In support of this theory, A β Ps have been shown to form channels in cell membranes [22,34,51] and also to alter the intracellular Ca^{2+} concentration in some cells [21,35,44]. However, to date, it has been difficult to draw a causal link between the two phenomena, owing in part to the complexity of the mechanisms involved in regulating intracellular ion concentrations. Studies of the magnitude and kinetics of A β P-induced changes in ion concentration in model systems will likely aid such efforts, by providing a basis for predicting and interpreting the effects of the peptides *in vivo*. In this study, we describe results with giant unilamellar liposomes loaded with fluorescent reporter dyes, a system that allows the monitoring of luminal cation concentrations with high time resolution.

We report here that A β 40 induces a rapid increase in the concentration of free Na^+ , Ca^{2+} , and K^+ in the lumen of liposomes formed by PS and PI. We attribute these concentra-



(A)



(B)

Fig. 6 – Effect of phospholipid composition on A β 40-induced Ca $^{2+}$ entry into unilamellar liposomes. (A) Superimposed recordings of A β 40-stimulated changes in Indo-1 fluorescence measured from liposomes formed from 50% PS:50% PC or 5% PS:95% PC. The Ca $^{2+}$ ionophore A23187 increased the Indo-1 emission similarly in both preparations. The data are representative of four experiments with each phospholipid combination. (B) The steady-state increase in Indo-1 fluorescence emission induced by 5 μ M A β 40 in PS:PC liposomes is plotted as a function of the PS content. Points represent mean \pm S.E.M. for four observations. The data were fit with a Boltzmann function.

tion increases to influx of the respective cations following incorporation of A β 40 into the vesicle membrane and formation of cation-permeable channels, as has been described using planar lipid bilayers [3,6,8,37]. Indeed, when using peptide sequences that lack the necessary structural elements to form channels in lipid membranes, such as A β 40-1 and A β 28, no changes in luminal cation concentrations were observed. That channel formation mediates the effects of A β 40 on luminal ion concentrations is further supported by the ability of Zn $^{2+}$ to attenuate the response at concentrations known to partially inhibit A β 40 channels [7,42].

4.2. Concentration dependence of A β 40-induced ion influx

The A β 40-induced increase in dye emission was concentration-dependent, rising rapidly to a higher plateau after each

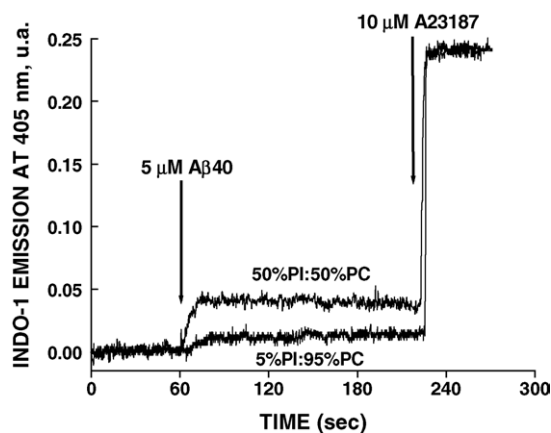


Fig. 7 – A β 40 induces Ca $^{2+}$ entry into liposomes containing phosphatidylinositol (PI). Superimposed recordings of A β 40-stimulated changes in Indo-1 fluorescence measured from liposomes composed of 50% PI:50% PC or 5% PI:95% PC. The Ca $^{2+}$ ionophore A23187 increased the Indo-1 emission similarly in both preparations. The data are representative of four experiments with each phospholipid combination.

addition of the peptide. We interpret the dose dependence to reflect an increase in the number of liposomes containing at least one functional A β 40 channel at higher peptide concentrations. This is suggested by the expectation that even a single functional A β 40 channel in the membrane of a liposome is expected to cause the luminal concentration of permeant ions to equilibrate with external levels, after which the formation of new channels would not affect ion flux. At first glance, based on estimations of the molar ratio of A β 40 to liposomes in our experiments, it would seem unlikely that a portion of the liposomes would be spared from channel formation. Thus, assuming a mean liposome diameter of 100 nm and our estimate of 0.24 μ l for the total liposome volume in the cuvette, even at 1 μ M A β 40 the peptide molecules would outnumber the liposomes by 3 or 4 orders of magnitude. However, it is possible that a large percentage of the A β 40 molecules present were not in the proper conformation or oligomeric form for channel insertion. Furthermore, the exact stoichiometry of A β 40 channels is not known, nor is the percentage of insertions that result in formation of a functional channel. Thus, it is feasible that less than 100% of the liposomes were affected by A β 40 channel formation in our experiments. In fact, our results are in accord with the observation of McLaurin and Chakrabarty [46], that A β Ps in molar excess can interact strongly with a limited number of liposomes while leaving others untouched.

In contrast, by measuring 45 Ca $^{2+}$ uptake in unilamellar liposomes reconstituted with A β 40, Lin et al. showed that tracer content in the liposomes after 30 min was nearly equal to the amount expected if Ca $^{2+}$ had reached equilibrium with the external solution in 100% of the vesicles [42]. The difference between those results and the data presented here is probably related to the experimental methods employed. Thus, Lin et al. used a higher concentration of A β 40 (\sim 100 μ M), and reconstituted the peptide directly into the liposomes

during preparation of the vesicles. This design likely resulted in a higher probability that at least one functional channel would form in each liposome, such that the Ca^{2+} concentration would equilibrate across the membrane during the 30 min observation period.

4.3. *A β 40-induced ion influx depends on acidic phospholipids*

We also found that stimulation of cation influx by A β 40 required that the liposomes be composed of at least a small amount of acid phospholipid. This result is in accord with previous studies in planar lipid bilayers, which have demonstrated preferential formation of A β 40 channels in negatively charged membranes [6,7,25]. In addition, studies using a variety of approaches, including measurements of liposome aggregation [39,40,45], amyloid fibril formation [10,16,58], and A β P membrane insertion [30,53], have also led to the conclusion that the peptides interact specifically with acidic phospholipids. The affinity of A β Ps for acidic phospholipids is most likely based on electrostatic interactions, as the effects of the peptides are attenuated when surface charge is reduced by varying salt concentrations or pH [20,43,45]. A similar result is observed with charge screening agents, such as phloretin and annexin 5 [24,40]. Our data showing that A β 40 induces ion influx in liposomes formed from either PS or PI agree with other studies showing that A β Ps can interact with acidic phospholipids having vastly different head group structure [16,45,58]. Together, these data support the concept that electrostatic rather than structural interactions govern the affinity of A β Ps for acidic phospholipids.

Recent studies indicate that membrane fluidity affects A β P incorporation into natural and artificial membranes. Thus, cholesterol, which potently decreases membrane fluidity, has been shown to inhibit A β 40-induced Ca^{2+} elevations in a neuronal cell line [35], aggregation of PS liposomes [4,52], and channel formation by A β Ps in planar lipid bilayers [43]. In preliminary studies, we have also found that the Ca^{2+} rise induced by A β 40 in PS liposomes is ablated by adding cholesterol to the membrane (unpublished results). Nevertheless, changes in membrane fluidity did not likely mediate the effects phospholipid content on A β 40-induced ion influx described here. This is because the fluidity of cholesterol-free membranes is mainly determined by the length and degree of saturation of the phospholipids, which were kept constant in our experiments [28]. Although the polar head of the phospholipids can also influence membrane fluidity, the effects are most closely related to head size, which is similar for PS and PC [12,48].

The inability of A β 40 to form channels in neutral phospholipid membranes probably reflects a lack of insertion of the peptide into the membrane, rather than an inability to form a functional channel once incorporated. Thus, our previous study using planar lipid bilayers showed that the charge displacement associated with incorporation of A β 40 into the bilayer did not occur when the membrane was formed by PC [54]. Circular dichroism analysis also indicates that the extent of A β 40 incorporation into lipid bilayers increases with the content of acidic phospholipids [53]. The structural basis

for this behavior has been studied by Ji et al. [29], who showed that interaction with PC causes A β 40 to adopt a mostly β -sheet structure, thereby losing the α -helix structure that is associated with peptide insertion [18,29]. On the other hand, acidic phospholipids not only allow A β 40 to adopt a structure conducive to insertion of the peptide, but may also serve to electrostatically anchor the peptide in the membrane by interacting with the positively charged Lys28 residue of A β 40 [10].

4.4. *Implications for A β P-mediated cytotoxicity*

Although these experiments were performed in an artificial membrane system, we believe the work is relevant to understanding the pathophysiology of amyloid-based diseases. In particular, our results suggest that cellular susceptibility to unregulated ion influx through A β P channels, and hence A β P toxicity, should depend in part on the acidic phospholipid content of the membrane. This is consistent with evidence indicating that the toxic effects of A β Ps result from their interaction with acidic phospholipids [24,40].

Normally, negatively charged phospholipids, particularly PS, are maintained on the inner leaflet of the cell membrane by energy-dependent mechanisms [19]. Lee et al. have, therefore, proposed that A β Ps selectively attack metabolically compromised or pre-apoptotic cells, with externalized PS acting as an electrostatic ‘receptor’ for A β Ps to bind and exert toxic effects [40]. Our demonstration that A β 40 stimulates cation influx in liposomes formed from as little as 5% PS indicates that even small perturbations in the phospholipid distribution of the plasma membrane could result in A β P-mediated disruption of intracellular ion homeostasis. While this ‘metabolic stress’ hypothesis requires further experimental verification, recent evidence supports a relationship between cellular energy state and A β P cytotoxicity. In hippocampal neurons, increasing cellular energy production resulted in an attenuation of the cytotoxicity of A β 25–35 [11], whereas metabolic inhibition had the opposite effect [2]. Furthermore, human teratocarcinoma cybrid cells expressing mitochondrial DNA (mtDNA) from Alzheimer’s patients had lower ATP levels and were more sensitive to A β 40-induced apoptosis than cybrids expressing mtDNA from control subjects [15]. Future tests of this hypothesis should examine the relationship between cellular energy levels and the capacity of A β P to alter intracellular ion concentrations.

Finally, it warrants mention that in addition to surface charge, membrane fluidity is also an important determinant of cellular susceptibility to A β P toxicity. Increasing membrane fluidity by lowering the cholesterol content is associated with enhanced A β P cytotoxicity, while lowering fluidity by increasing cholesterol has a protective effect [4,52,57,59]. The relative importance of fluidity versus surface charge for the interaction of A β Ps with natural membranes *in vivo* remains to be determined. However, in cells the two mechanisms may not be completely independent. Thus, Arispe and Doh have suggested that in PC12 cells, decreasing membrane cholesterol is associated with an increase in the PS level in the external leaflet [4], which could contribute to the enhanced A β 40 toxicity observed under conditions of reduced membrane cholesterol content.

5. Conclusions

In summary, this work demonstrates the utility of the unilamellar liposome system in conjunction with cation-sensitive probes for studying the properties of ion fluxes resulting from the interaction of A β Ps with lipid membranes. We extend previous work in the field by showing that the ability of A β P40 to stimulate Na⁺, Ca²⁺, and K⁺ influx is determined by the content of acidic phospholipids in the membrane. These data provide further experimental support for the "ion channel hypothesis", first developed by Arispe et al. to explain the neurotoxicity of A β 40 in the central nervous system [5,6].

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