Minor depression: a minor concept?

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Resumen

This current article provides a theoretical revision of the minor depression concept, in order to elucidate the gap and scope of this diagnosis, not yet known at the present. There is a confusion with its definition, that can be revealed through the different meanings in which it is approached, being even muddled with other clinical descriptions like depression and subsyndromal depression. It is also discussed about the dimensional and categorical dichotomy in approaching the meaning of depression, in which a logic of continuous tendency appear. In this tendency of hesitating from euthymia to major depression where minor depression is in both poles. It is suggested intensity rather quantity of symptoms as a key element for its understanding.

Palabras clave

Palabras clave de autor: minor depression; subsyndromal depression; subthreshold depression; categorical and dimensional diagnosis of depression

KeyWords Plus: SUBTHRESHOLD DEPRESSION; MAJOR DEPRESSION; PRIMARY-CARE; FOLLOW-UP; DISORDER; POPULATION; DYSTHYMIA; SYMPTOMS; ONSET

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Editorial

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