



Ethmoid Meningoencephalocele in a Patient with Cerebrofacial Arteriovenous Metameric Syndrome

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Key words

- Arteriovenous malformation
- Cerebrofacial arteriovenous metamerism syndrome
- Extended endoscopic endonasal approach
- Meningoencephalocele

Abbreviations and Acronyms

AVM: Arteriovenous malformation

CAMS: Cerebrofacial arteriovenous metamerism syndrome

CSF: Cerebrospinal fluid

ICP: Intracranial pressure

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INTRODUCTION

Encephaloceles most commonly occur as a sequela of trauma and have been classified as being either occipital, sincipital, or basal.¹ Sincipital encephaloceles are the anterior herniations presenting with an external facial mass, whereas basal encephaloceles, including transethmoidal subdivision, are located at the level of the anterior and middle skull base. Common presenting symptoms of basal encephaloceles include cerebrospinal fluid (CSF) rhinorrhea, meningitis, seizures, and headaches.²

Occasionally, vascular lesions, such as dural arteriovenous fistula and less frequently brain arteriovenous malformations (AVMs), have been related to the development of encephaloceles, CSF leaks, and/or intracranial hypertension.³⁻⁵ Herein, we report the endoscopic repair of an ethmoid meningoencephalocele and CSF leak in a patient with cerebrofacial

BACKGROUND: Skull base meningoencephaloceles are a rare condition, frequently secondary to traumatic or iatrogenic causes. Cerebrofacial arteriovenous metamerism syndrome (CAMS) is characterized by the presence of retinal, facial, and cerebral arteriovenous malformations (AVMs) with metamerism distribution. To our knowledge, this is the first reported case associating these 2 conditions.

CASE DESCRIPTION: A 45-year-old woman previously diagnosed with CAMS type 2 presented with a long history of cerebrospinal fluid (CSF) rhinorrhea. Magnetic resonance imaging and digital subtraction angiography demonstrated a right-sided facial and orbital AVM extending posteriorly along the optic tract into the suprasellar cistern, and a right-sided meningoencephalocele protruding into the olfactory recess and ethmoid sinus. An extended endoscopic endonasal approach was performed to resect the meningoencephalocele and to repair the CSF leak without complications.

CONCLUSIONS: We report the unusual association between the development of a meningoencephalocele and a metamerism syndrome, and comment on clinical implications in the management of this patient.

arteriovenous metamerism syndrome (CAMS) type 2, who undertook previous embolization of the facial component of a complex AVM.

CASE REPORT

A 45-year-old woman presented to our clinic with a history of several months of CSF rhinorrhea. She had a previous diagnosis of CAMS type 2 that was treated with partial embolization of a complex facial AVM 6 years ago and followed-up without major complications. Neurologic examination demonstrated severe visual loss of the right eye with no other abnormalities. Magnetic resonance imaging revealed a right-sided orbital AVM extending posteriorly along the optic tract into the suprasellar cistern and multiple prominent vessels through a transosseous defect in the frontal bone to the superior sagittal sinus, likely representing a sinus pericranii, and a right-sided meningoencephalocele protruding into the olfactory recess and ethmoid sinus (Figure 1). Digital subtraction angiography was

performed to assess the angioarchitecture of the AVM, demonstrating a right chiasmatic AVM with a classical extension along the optic nerve and the retina, associated with a large right-sided facial AVM arising from branches of the internal maxillary and facial arteries (Figure 2). The AVM was not considered amenable to endovascular therapy.

After discussing treatment options, the patient agreed to proceed with an extended endoscopic endonasal approach to resect the right anterior skull base meningoencephalocele and repair the CSF leak. The surgery was carefully performed in conjunction with the otolaryngology team. A right-sided septal flap was raised based on the posterior septal branch, the suspected meningoencephalocele was identified emanating from the anterior skull base, and the CSF leak was successfully identified in the posterior portion. The dura was incised to reveal the frontal lobe region and the pia and arachnoid that were herniating through, and this was bipolar cauterized and resected. For closure of the skull base defect, dural

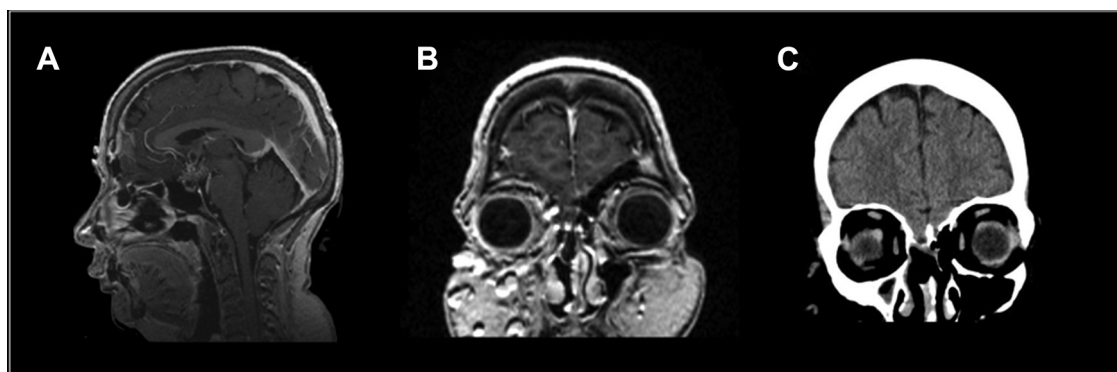


Figure 1. Preoperative gadolinium-enhanced (A) sagittal and (B) coronal brain magnetic resonance imaging and (C) coronal computed tomography scan demonstrating a chiasmatic arteriovenous malformation and a right-sided

meningoencephalocele protruding into the olfactory recess and ethmoid sinus, likely being the site of the cerebrospinal fluid leakage.

substitutes were inserted inlay followed by a vascularized nasoseptal flap onlay. There were no complications throughout the procedure. Postoperatively, the patient presented with no signs of CSF leak or any other complications and was discharged 4 days after surgery.

DISCUSSION

Skull base encephaloceles are unusual entities frequently secondary to traumatic or iatrogenic causes in adults.⁶ Spontaneous encephaloceles are a rare condition, accounting for only 3%–5% of all CSF

leaks.⁷⁻⁹ Previously reported case series suggest that idiopathic intracranial hypertension may be a prevalent occurrence among these patients, and it is thought to be a predisposing factor for development of encephaloceles.^{2,10} Case reports have demonstrated some unusual associations with spontaneous encephaloceles, such as dural arteriovenous fistula and intracranial hypertension in pregnancy.^{3,4,11}

CAMS is a rare, nonhereditary disease characterized by the association of retinal, facial, and cerebral AVMs with metamer distribution, including a spectrum of different phenotypic expressions. A

somatic mutation developing in the region of the neural crest or adjacent cephalic mesoderm prior to migration is thought to produce the vascular lesions seen in CAMS.^{12,13} Particularly, CAMS type 2 has been proposed to be related to a disorder in the lateral prosencephalic area with involvement of the occipital lobe, chiasm, optic nerve/retina, and maxilla, with visual loss being the most common presenting symptom.¹² Intracranial AVMs in CAMS are often clinically silent and rarely present with a neurologic deficit, intracranial hemorrhage, or seizure.¹² However, these AVMs are considered

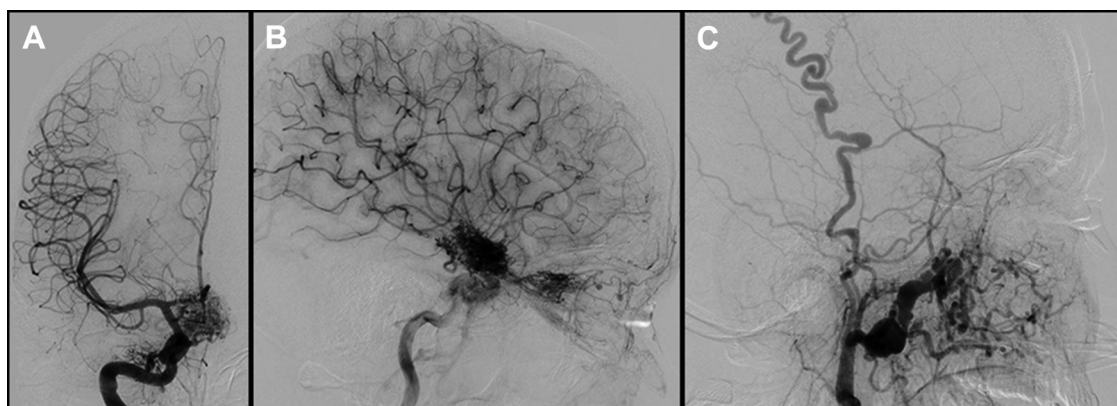


Figure 2. (A) Frontal and (B) lateral projections of the internal carotid digital subtraction angiography demonstrating a diffuse right chiasmatic arteriovenous malformation (AVM) nidus, fed by numerous, smoke-like branches of the right anterior choroidal, lenticulostriate, and ophthalmic arteries with a classical extension along the optic nerve and the retina. (C) Lateral

projection of the external carotid digital subtraction angiography demonstrating a large facial AVM arising from branches of the right internal maxillary and facial arteries. There are several flow-related aneurysms along the branches of the right internal maxillary, and an enlarged tortuous superficial temporal artery.

dynamic and progressive, and most of them are deemed to be incurable.¹⁴

To our knowledge, this is the first reported case of the development of a skull base meningoencephalocele and CSF leak in a patient with CAMS. Two potential mechanisms may be involved in the association of these conditions. Embryologically, formation of the skull base and facial skeleton is a complex process involving migration of neural crest cells through ectodermal- and mesodermal-derived structures. Neural crest-derived cells participating in the pathophysiology of CAMS also contribute to the development of the prechordal chondrocranium (ie, sphenoid, ethmoid bones),^{15,16} and alterations of this process may lead to the herniation of intracranial content.¹⁷ On the other hand, elevated intracranial pressure (ICP) and papilledema have been reported in patients with unruptured brain AVMs,¹⁸⁻²¹ most likely associated with venous hypertension and hydrodynamic alterations of CSF.²² Moreover, a recent case report showed for the first time the association of intracranial hypertension and a CSF leak in a patient with a posterior temporal AVM, supporting the association of these events.⁵

We propose that in our case, the combination of a congenital osseous defect and the elevated ICP secondary to the AVM is responsible for the unusual clinical presentation of this patient. From a clinical perspective, the complex nature of the vascular malformations makes it difficult to achieve a definitive treatment of the AVMs, and the appropriate surgical repair of the skull base defect becomes a priority. Additionally, the fact that CAMS may be related to both sustained elevated ICP and a congenital anatomic defect makes a surgical treatment even more challenging than in idiopathic cases and warrants a strict follow-up.

CONCLUSIONS

The pathophysiology of ethmoid meningoencephaloceles is not well understood, and their treatment remains a challenge despite surgical advances. We report the case of a patient with CAMS that

developed an ethmoidal meningoencephalocele potentially secondary to intracranial hypertension. Endoscopic endonasal resection of the meningoencephalocele was performed, and repair of the skull base defect was successfully achieved. CAMS is a rare disease that had not been previously related to the development of meningoencephaloceles or CSF leaks. A multidisciplinary approach is recommended for successful management of this complex clinical scenario.

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