Content of flavonoids and phenolic compounds in Chilean honeys. ORAC index

Contenido de flavonoides y compuestos fenólicos de mieles Chilenas e índice antioxidante

Muñoz, Orlando
Copaja, Silvia
Speisky, Hernan
Peña, Raúl C.
Montenegro, Gloria

A comparison of the phenolic content of several Chilean honeys showed great variations in flavonoid concentration among the samples analysed. Higher amounts of phenolics are found in honey from dry climates. The antioxidant effect of extracts, using ORAC analysis, did not correlate with the flavonoid content or with the total phenolic concentration.