Personality style in patients looking for tooth bleaching and its correlation with treatment satisfaction

Martin, Javier
Rivas, Vanessa
Vildósola, Patricio
Moncada, Laura
Oliveira Junior, Osmir B.
Saad, José Roberto C.
Fernandez, Eduardo
Moncada, Gustavo

© 2016, Associacao Brasileira de Divulgacao Cientifica. All rights reserved. In the last years the focus in dentistry has shifted to an ?esthetic dentistry? approach, where patients are concerned about reaching a better look of their teeth. Vital tooth bleaching is a technique with immediate results, which improves the appearance and patient?s self-esteem. The aim of this study was to recognize personality characteristics determined by the Millon Index of Personality Styles of participants looking for tooth bleaching and to correlate them to satisfaction with the treatment. Forty participants were included and filled out the Millon Index of Personality Styles form before treatment. Expectation about tooth bleaching was quantified from 1 to 5. Patients were treated with bleaching agent according to manufacturer?s directions. One week after treatment, the patient?s satisfaction was quantified from 1 to 5. Prevailing personality characteristics were determined. Expectations and satisfacti