

P₄₅₀Arom induction in isolated control endometrial cells by peritoneal fluid from women with endometriosis

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Objective: To study the effect of peritoneal fluid from women with (PF-E) and without (PF-C) endometriosis on P₄₅₀Arom expression in endometrial cells.

Design: Experimental study.

Setting: University research unit.

Patient(s): Forty women of reproductive age with (n = 22) or without (control; n = 18) endometriosis.

Intervention(s): Peritoneal fluid and eutopic endometrial samples were obtained during surgery from women with (n = 13 and 9, respectively) and without (n = 4 and 14, respectively) endometriosis.

Main Outcome Measure(s): Expression study for P₄₅₀Arom, steroid factor 1 (SF-1), chicken ovalbumin upstream transcription factor I (COUP-TFI), and COUP-TFII messenger RNA (reverse transcriptase–polymerase chain reaction) and/or protein (immunoblot) in isolated endometrial epithelial cells transfected or not with expression vector containing SF-1, COUP-TFI, or COUP-TFII complementary DNAs.

Result(s): Basal messenger RNA and/or protein expression of P₄₅₀Arom and SF-1 were augmented in endometriosis, and that of COUP-TF was diminished. In control cells, (Bu)₂cAMP and PF-E increased P₄₅₀Arom and SF-1 expression (but not COUP-TF expression) in a dose-dependent way, an effect not observed with PF-C, adsorbed PF-E, or 10⁻⁵ M indomethacin. Transfected cells confirmed these results. Any treatments modified the studied molecules in endometriosis cells.

Conclusion(s): These data indicate that molecules contained in PF-E favor an estrogenic microenvironment, suggesting a role in the etiopathogenesis of endometriosis enabling the survival, maintenance, and growth of endometrial implants in the ectopic locations. (Fertil Steril® 2010;94:2521–7. ©2010 by American Society for Reproductive Medicine.)

Key Words: P₄₅₀Arom, SF-1, endometriosis, peritoneal fluid, cell culture, eutopic endometrium

Endometriosis is an estrogen-dependent pathology characterized by the presence of a functional endometrium outside the uterine cavity (1, 2). Because almost all women have retrograde menstruation (3), the coexistence of a menstrual efflux removal defect in the peritoneal cavity and an aberrant expression of some molecules in eutopic and ectopic endometria has been postulated (4). The peritoneal fluid is increased in endometriosis and contains high concentrations of macrophages and monocytes, which secrete many molecules that favor the angiogenesis, viability, and adhesion of the implant (5–7).

The enzyme P₄₅₀Arom, which catalyzes the conversion of androgen to estrogen, is coded by *Cyp19A1*, a gene regulated by 10 tissue-

specific promoters (8–10). Its abnormal expression in eutopic and ectopic endometria of women with endometriosis (11–13) is regulated in a similar manner as the ovarian gene through promoter II by steroid factor 1 (SF-1), a 67-kDa monomer that positively regulates steroidogenic genes, and negatively by the 90-kDa homodimer chicken ovalbumin upstream transcription factor (COUP-TF) (14, 15). Steroid factor 1 competes with higher affinity for the same upstream site on promoter II than COUP-TF (14). Two isoforms of COUP-TF are described: COUP-TFI mediates process on organogenesis, cellular differentiation, and homeostasis, and COUP-TFII is highly expressed in uterine epithelial cells (16).

Chicken ovalbumin upstream transcription factor I is more expressed in normal endometrium, whereas SF-1 is mainly expressed in eutopic and ectopic endometria of women with endometriosis (11, 17). Therefore, the aberrant expression of P₄₅₀Arom described in ectopic and in eutopic endometria would depend on the transcription factors available in the tissue (4, 9, 12, 14, 17–23).

Prostaglandin E₂ (PGE₂) is also an inducer of P₄₅₀Arom expression in endometriotic cells. Estrogen increases PGE₂ formation by the stimulation of cyclooxygenase type 2 (COX-2), which catalyzes

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prostanoid synthesis in uterine endothelial cells (24). Thus, a positive feedback between prostaglandins and local estrogen production is established, favoring the cell proliferation and inflammation that characterizes this disease (11, 24, 25).

Here, we study the effect of peritoneal fluid from women with endometriosis on *Cyp19A1* expression through SF-1, COUP-TFI, and COUP-TFII regulation in epithelial cell cultures from eutopic endometrium of women with and without endometriosis.

MATERIALS AND METHODS

Subjects

Eutopic endometrium was obtained by laparoscopy with a Pippelle suction curette from 9 women age, 35.3 ± 6.4 years) for peritoneal endometriosis diagnosis (endometriosis group) and 14 women without endometriosis (age, 39.2 ± 5.1 years) for tubal ligation or hysterectomy for subserous or intramural myomas (control group); the women were without hormonal treatment in the last 3 months. A piece of tissue was fixed in formalin for dating (26), and the endometria were classified as proliferative (days 5–14; 3 control and 3 endometriosis samples) or secretory (days 15–28; 11 control and 6 endometriosis samples); the rest were used for cell preparation. Peritoneal fluid (PF) was obtained during surgery from 4 women without (PF-C, one pool) or 13 with (PF-E, three pools) peritoneal endometriosis, with each pool having 4 to 5 women in the proliferative phase of the menstrual cycle. Each PF pool was aliquoted and frozen at -80°C until use. To eliminate small molecules, some PF-E aliquots were adsorbed with activated charcoal and dextran (Sigma, St Louis, MO).

This study was approved by the institutional boards of University of Chile and the Metropolitan Central Health Service of Chile, and each patient provided written, informed consent before surgery.

Cell Culture

The endometrium was washed, minced, and digested as described by Pino et al. (27). The glands were obtained as indicated previously (28). Cells of second passages were cultured until subconfluence, incubated for 24 hours in defined medium (27), and treated (24 hours) with PF-E, PF-C, adsorbed PF-E, N6-2'-O-dibutyl cyclic adenosine 3',5'-monophosphate [(Bu)₂cAMP, 10^{-6} mol/L], or indomethacin (10^{-7} – 10^{-5} mol/L, COX inhibitor) added 30 minutes before the PF-E addition.

Cell Transfection

Cells were transfected with the vectors pcDNA2, pCR3.1, and pcDNA3.0 containing SF-1 (pSF-1), COUP-TFI (pCOUP-TFI), and COUP-TFII (pCOUP-TFII) complementary DNAs (cDNAs), respectively (kindly donated by Drs. Ming-Jer Tsai and Keith L. Parker). The cells, cultured as above until 60% confluence, were transiently transfected using 6 μL GeneJammer Reagent (Stratagene, La Jolla, CA) and 2 μg of plasmid DNA mixed to up 100 μL sterile Dulbecco's Modified Eagle Media (DMEM) for 10 minutes at room temperature. The volume was completed to 1 mL of culture medium and further incubated for 5 hours at 37°C . Later, another 1 mL was added, and the incubation continued for 24 hours. As transfection control, the cells were transfected with the vector cytomegalovirus containing β -galactosidase cDNA or with empty vector p-Cis (Promega, Madison, WI). After 48 hours the cells were cultured for 24 hours in defined medium and then treated for 24 hours with 10% PF-E, (Bu)₂cAMP, or 10% PF-E plus 10^{-5} mol/L indomethacin.

RNA isolation and RT-PCR

Total RNA and cDNA were obtained as indicated previously (27). The primers for COUP-TFI (NM005654; 380 bp) were upstream 5'-AAGCAC-TACGGCAATTCAC-3' and downstream 5'-GCGTTCATCCTCATC-GAAGT-3'; for SF-1, P₄₅₀Arom, and COUP-TFII amplifications were previously reported (14, 21, 29).

One microliter of cDNA was added to 24 μL of a reaction mix that included 0.625 U of Taq DNA polymerase (Invitrogen Life Technologies, Bethesda, MD), 0.4 mmol/L of each primer, 0.25 mmol/L 2'-deoxynucleoside 5'-tri-

phosphate mix (0.20 mmol/L for SF-1), and 3 mmol/L MgCl₂ (1.5 mmol/L for P₄₅₀Arom). The amplification was at 94°C for 60 seconds, 50°C (P₄₅₀Arom), 51°C (COUP-TFII), 53.3°C (SF-1), or 55°C (COUP-TFI) for 60 seconds, and 72°C for 90 seconds and repeated for 30 (COUP-TFI and COUP-TFII), 33 (SF-1), or 35 (P₄₅₀Arom) cycles. As internal control, 18S ribosomal RNA (30) was amplified as previously described (31). Semiquantitation of PCR products was performed by image analysis (Kodak 1D Image Analysis; Rochester, NY), and their identity was confirmed by sequencing (Macrogen, Seoul, Republic of Korea).

Protein Homogenate Preparation and Immunoblot Analysis

Cytoplasmic protein homogenized in 50 μL lysis buffer A and nuclear proteins suspended in buffer B (1:1) were prepared as described previously (32). Thirty micrograms of cytoplasmic or nuclear proteins were resolved and electrotransferred into nitrocellulose membranes (BioRad, Hercules, CA). The immunoblot was done using antibodies against SF-1 (polyclonal, 1:800; ABR Affinity BioReagents, Golden, CO.), COUP-TFI (monoclonal; 1:1,000; R&D Systems, Minneapolis, MN), P₄₅₀Arom (monoclonal; 1:600; Serotec, Oxford, United Kingdom), TFIIIB (monoclonal, 1:500; BD Biosciences Pharmingen, Chicago, IL), and β -actin (monoclonal, 1:15,000; Sigma). The bands were visualized, captured, and analyzed as indicated previously (27) and normalized with β -actin or TFIIIB for cytosolic or nuclear extracts, respectively.

Statistical Analysis

The Mann-Whitney test for continuous variables and the Kruskal-Wallis test for discrete variables when comparing more than two categories were used. A *P* value of $<.05$ indicates statistical significance. Results are expressed as mean \pm SEM and patient ages as mean \pm SD.

RESULTS

Basal mRNA and Protein

Chicken ovalbumin upstream transcription factor II messenger RNA (mRNA) was lower in the endometriosis cells than in the control cells. In contrast, the SF-1 and P₄₅₀Arom mRNA levels, almost undetectable in control cells, were 93% and 305% higher in endometriosis cells (Table 1).

The nuclear COUP-TFI protein content was 50% higher in control compared with endometriosis cells; in contrast, the nuclear SF-1 and the cytoplasmic P₄₅₀Arom proteins were almost undetectable in control cells but strongly expressed in endometriosis cells ($P<.01$) (Fig. 1).

Effect of Treatments on mRNA and Protein Expression

Only in the control cells, SF-1 mRNA levels were increased 52% and 79% by PF-E (1% and 10%, respectively), 41% by (Bu)₂cAMP, and 152% by the combination with 10% PF-E compared with basal levels. Similarly, P₄₅₀Arom mRNA levels were increased 150% and 255% by PF-E (1% and 10%), and 246% and 582% by (Bu)₂cAMP alone or with 10% PF-E compared with basal levels, respectively. Chicken ovalbumin upstream transcription factor I and COUP-TFII were not affected (Table 1). Control PF or adsorbed PF-E did not modify any molecule studied in either cell culture group (Table 1).

The PF-E stimulatory effect on the mRNA of SF-1 and P₄₅₀Arom was reduced by indomethacin in a dose-dependent way only in control cells (10^{-7} mol/L: 48% and 11%; 10^{-6} mol/L: 67% and 36%; 10^{-5} mol/L: 99% and 90%, respectively) without affecting COUP-TFI and COUP-TFII, shown only for 10^{-5} mol/L dose in Table 1.

TABLE 1

COUP-TF I, COUP-TF II, SF-1, and P₄₅₀Arom mRNA levels in cultures of epithelial cell of endometrium from women without and with endometriosis.

Variable	Control cells				Endometriosis cells			
	COUP-TF I	COUP-TF II	SF-1	P ₄₅₀ Arom	COUP-TF I	COUP-TF II	SF-1	P ₄₅₀ Arom
Basal	0.84 ± 0.04	0.70 ± 0.03	0.29 ± 0.04	0.22 ± 0.04	0.71 ± 0.04	0.56 ± 0.04 ^a	0.56 ± 0.04 ^a	0.88 ± 0.05 ^a
PF-E (1%)	0.84 ± 0.05	0.71 ± 0.06	0.44 ± 0.04 ^b	0.55 ± 0.05 ^b	0.71 ± 0.05	0.57 ± 0.04	0.56 ± 0.46	0.91 ± 0.05
PF-E (10%)	0.84 ± 0.05	0.70 ± 0.05	0.52 ± 0.04 ^b	0.78 ± 0.04 ^b	0.71 ± 0.04	0.51 ± 0.05	0.56 ± 0.04	0.89 ± 0.04
(Bu) ₂ cAMP (10 ⁻⁶ M)	0.84 ± 0.09	0.70 ± 0.06	0.41 ± 0.02 ^b	0.76 ± 0.03 ^b	0.64 ± 0.15	0.55 ± 0.09	0.57 ± 0.05	0.82 ± 0.06
PF-E (10%) + (Bu) ₂ cAMP	0.84 ± 0.03	0.70 ± 0.13	0.73 ± 0.08 ^b	1.50 ± 0.07 ^b	0.60 ± 0.06	0.56 ± 0.06	0.55 ± 0.05	0.82 ± 0.04
Adsorbed PF-E (10%)	0.84 ± 0.20	0.70 ± 0.11	0.31 ± 0.10	0.25 ± 0.12	0.70 ± 0.25	0.56 ± 0.12	0.55 ± 0.12	0.87 ± 0.37
PF-C (10%)	ND	ND	0.24 ± 0.07	0.23 ± 0.08	ND	ND	ND	ND
PF-E + indomethacin (10 ⁻⁵ M)	0.81 ± 0.21	0.70 ± 0.21	0.29 ± 0.05 ^c	0.27 ± 0.06 ^c	0.62 ± 0.25	0.52 ± 0.17	0.55 ± 0.11	0.85 ± 0.3

Note: Reverse transcriptase-polymerase chain reaction was performed in epithelial cell cultures of endometrium from women without (control cells) and with endometriosis (endometriosis cells). The amplified cDNA was normalized with 18S ribosomal RNA levels (AU). Results are given as mean ± SEM from 12 different control and 9 endometriosis cell cultures. ND = not determined.

^a P < .05 vs. control cells.
^b P < .05 vs. basal.
^c P < .05 vs. PF-E.

Castro. Peritoneal fluid on P₄₅₀Arom expression. Fertil Steril 2010.

Only in control cells, the protein content of SF-1 and P₄₅₀Arom, but not COUP-TFI, increased by 1% PF-E (486% and 539%), 10% PF-E (971% and 914%), (Bu)₂cAMP (886% and 900%), and its combination with PF-E (1,114% and 2,053%) compared with basal levels, respectively. Indomethacin almost completely prevented the PF-E stimulatory effect on protein synthesis (Fig. 2).

Results for mRNA and protein were similar for the three PF-E pools. No significant difference was observed between proliferative and secretory cells from control and endometriosis cultures (mRNA control cell data only: COUP-TFI: 0.70 ± 0.09 AU and 0.82 ± 0.08 AU; COUP-TFII: 0.77 ± 0.07 AU and 0.66 ± 0.04 AU; SF-1: 0.26 ± 0.04 AU and 0.30 ± 0.09 AU; P450Arom: 0.28 ± 0.08 AU and 0.221 ± 0.05 AU).

Cell Transfection

In pCOUP-TFI or pCOUP-TFII transfected cells, the COUP-TFI and COUP-TFII mRNA levels increased 51% and 64% in control cells and 20% and 112% in endometriosis cells compared with empty vector transfected cells, respectively. Similar to untransfected cells, the addition of PF-E, (Bu)₂cAMP, or indomethacin did not affect the COUP-TF mRNA expression (Fig. 3A).

In control cells, pSF-1 transfection increased SF-1 mRNA almost 50% and P₄₅₀Arom mRNA 305% compared with empty vector transfected cells. The addition of PF-E or (Bu)₂cAMP increased SF-1 (94% and 86%) and P₄₅₀Arom (82% and 46%) mRNA levels compared with basal pSF-1 transfected cells. Indomethacin almost completely blocked the PF-E stimulation on SF-1 mRNA and the pSF-1 transfection effect on P₄₅₀Arom mRNA levels (Fig. 3B and C).

In pCOUP-TFI transfected control cells, the presence of PF-E or (Bu)₂cAMP increased the P₄₅₀Arom mRNA level approximately 285% compared with empty vector or pCOUP-TFI transfected cells, an increase affected by indomethacin (Fig. 3C). Similar results were obtained with pCOUP-TFII transfection (data not shown).

In endometriosis cells, the pSF-1 transfection increased SF-1 and P₄₅₀Arom mRNA levels 33% and 31%, respectively, compared with empty vector transfected cells. However, the pCOUP-TFI transfection and the PF-E, (Bu)₂cAMP, or indomethacin treatments did not modify the enzyme mRNA level (data not shown).

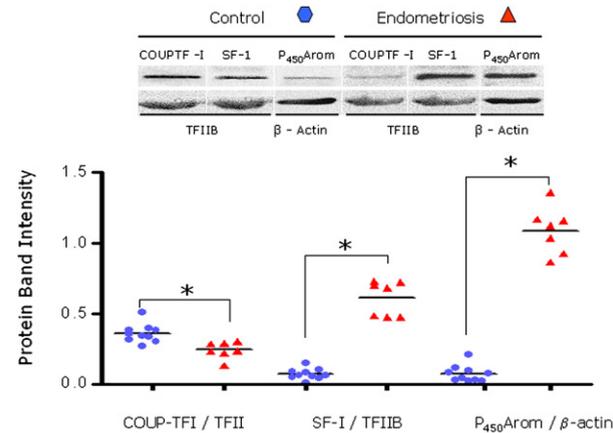
DISCUSSION

The mRNA, protein, and/or activity of P₄₅₀Arom have been shown in eutopic and/or ectopic endometria of women with endometriosis by several investigators using diverse techniques (4, 17, 20, 21, 23, 33); recently, Colette et al. (34) detected only low levels in ectopic endometrium. The cellular location of P₄₅₀Arom is controversial because some investigators found it mainly in the glandular and superficial epithelia (4, 35, 36), others in the stromal cell compartment (4, 13, 14), or in both (22, 37). In the present work, in epithelial cells isolated from the eutopic endometrium of women with and without endometriosis, we detected P₄₅₀Arom mRNA and protein, and moreover the negative and positive regulators COUP-TFI, COUP-TFII, and SF-1. Additionally, we analyzed the effect of peritoneal fluid obtained from these women on endometrial cells in vitro. The cells transfected with pSF-1 enabled us to gain insight into the mechanisms involved.

In control and endometriosis cell cultures, the expression patterns of P₄₅₀Arom, SF-1, COUP-TFI, and COUP-TFII were different according to endometrial origins but not by the stage of the menstrual cycle, confirming previous results (27, 38). The high SF-1

FIGURE 1

Protein content of COUP-TFI, COUP-TFII, SF-1, and P₄₅₀Arom in epithelial cell cultures of eutopic endometrium from women with and without endometriosis. Cytoplasmic and nuclear cell homogenates were obtained as described in Materials and Methods; all data were normalized with TFIIB (nuclear homogenates) or β -actin (cytoplasmic homogenates). Results are the mean \pm SEM of endometrial cell cultures from women without (control; n = 10) and with (n = 7) endometriosis. *P < .01 vs. control.



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reported a higher in vitro conversion of androgens to estrogens in eutopic endometrial explants from women with endometriosis than in those from control women (20). The high expression of both COUP-TFI and COUP-TFII found in the present study was enough to repress the *Cyp19A1* gene in control cells but apparently not enough to compete with the strong SF-1 content in the endometriosis cells; this agrees with the predominance of DNA-COUP-TF complex vs. DNA-SF-1 complex reported in isolated cells from control endometrium compared with ectopic endometrium (14).

To date, few studies about peritoneal fluid have been reported, and none has evaluated its effects on P₄₅₀Arom, SF-1, and COUP-TF expression. The positive effect of PF-E on P₄₅₀Arom and SF-1 mRNA expression agrees with a report of a dose-dependent stimulatory effect of peritoneal fluid from women with mild endometriosis on eutopic endometrial cell proliferation (39); these data and the lack of PF-C effect support that some molecular components of PF-E might act in a mitogenic way to increase ectopic cell proliferation and viability. Besides, other reports did not find a proliferative effect in control cells treated with autologous PF (39, 40).

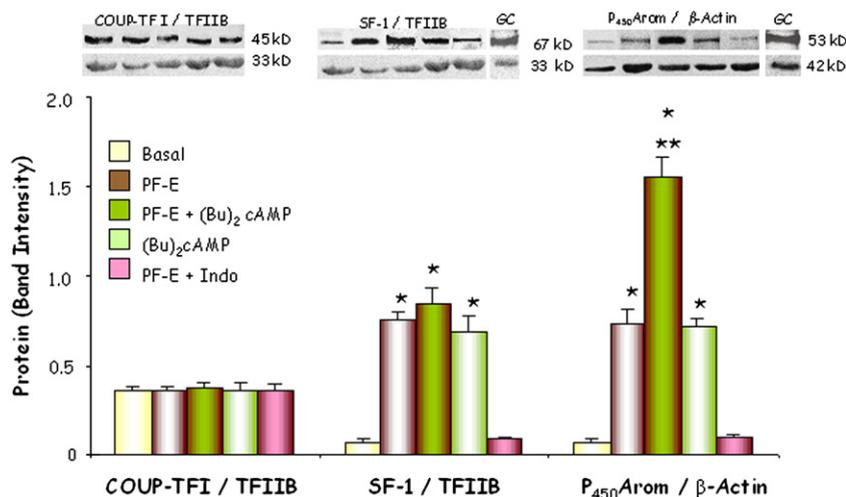
The lack of response of epithelial cells from endometriosis to PF-E in our cultures could probably be caused by the aberrant gene expression in the eutopic endometrium from these patients, as reported in several studies (1, 4, 23, 29). The baboon model for endometriosis suggests intercommunication and transference of substances between the peritoneal and uterine cavities (41). The peritoneal fluid can pass through the fallopian tubes until it reaches the endometrium by unclear mechanisms, although uterine waves present anterograde and retrograde movements (42, 43) that may contribute to the translocation of menstrual and peritoneal fluids.

Our data suggest that the molecular composition of PF-E could participate in the induction of SF-1 and P₄₅₀Arom expression. Recently the role of androstenedione on the up-regulation of

expression observed in endometriosis cells was concordant with a high P₄₅₀Arom expression that may favor local estrogen production, thus facilitating endometrial growth in ectopic locations. Although the enzyme activity was not analyzed, we previously

FIGURE 2

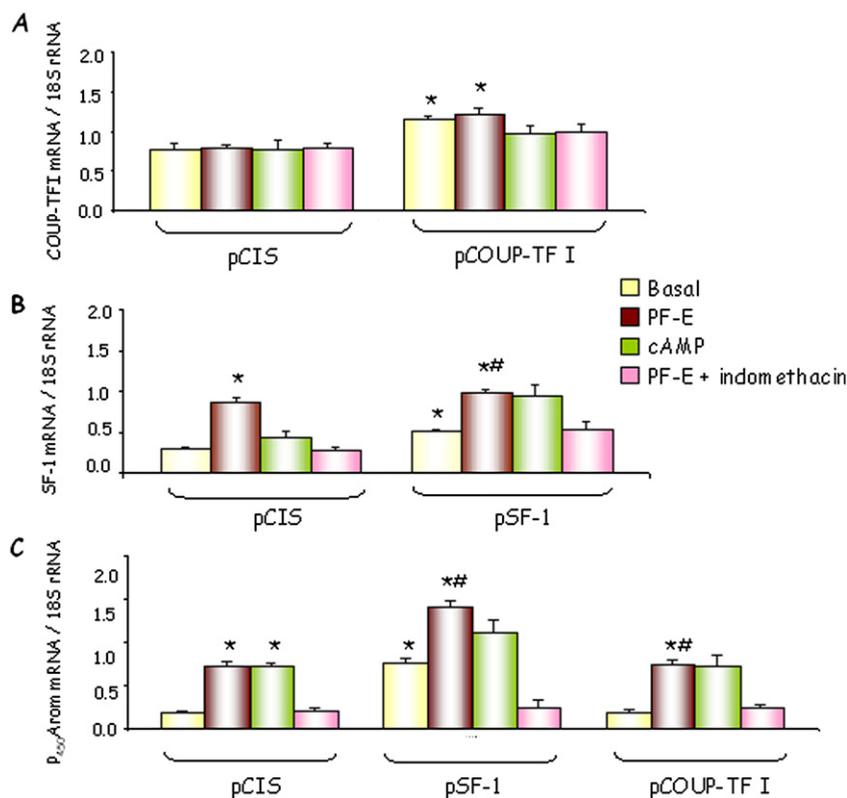
Protein content of COUP-TFI, SF-1, and P₄₅₀Arom in cultures of epithelial cells of endometrium from control women. Endometrial cells were incubated in the absence (basal) or presence of 10% PF-E with or without 10⁻⁶ mol/L (Bu)₂cAMP or 10⁻⁵ mol/L indomethacin for 24 hours. Positive control: human ovarian granulosa cells (GC). All data were normalized with TFIIB (nuclear homogenates) or β -actin (cytoplasmic homogenates). Results are the mean \pm SEM of endometrial cell cultures obtained from seven control women. *P < .01 vs. basal; **P < .01 vs. 10% PF-E or (Bu)₂cAMP alone.



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FIGURE 3

(A) COUP-TFI, (B) SF-1, and (C) P₄₅₀Arom mRNA levels in control transfected cells. Epithelial cells from control endometrium transfected with empty plasmid (pCIS), pCOUP-TFI, or pSF-1 were cultured under basal condition or with 10% PF-E, 10⁻⁶ mol/L (Bu)₂cAMP, or 10⁻⁵ mol/L indomethacin for 24 hours. Endometrial cDNA was amplified as described in Materials and Methods; all data were normalized with 18S ribosomal RNA levels. Results performed in duplicate are the mean ± SEM of endometrial cell cultures obtained from six control women. *P < .01 vs. cells transfected with empty vector (pCIS), basal; #P < .01 vs. each basal group.



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P₄₅₀Arom expression with the recruitment of SF-1 has been reported (44). We could not exclude the participation of this steroid on the PF-E induction of P₄₅₀Arom and SF-1 expression; androstenedione is the major aromatase substrate present in the PF-E and is also removed together with other small molecules by active charcoal–dextran treatment.

The increase of P₄₅₀Arom expression by pSF-1 transfection confirms its role on *Cyp19A1* gene regulation in endometrial cells from women with endometriosis. This positive effect was augmented by PF-E and (Bu)₂cAMP, suggesting that other regulatory factors could also be regulating this promoter, probably through the cAMP pathway by protein kinase A (PKA) activation and cAMP response element-binding protein phosphorylation, as in the ovary and endometrial cells from women with endometriosis (4, 14). Additionally, the phosphorylation of SF-1 by PKA has been reported in the regulation of *Cyp17* (45), *CYP11B* genes (46), and in normal endometrial cells cotransfected with pSF-1 and P₄₅₀Arom promoter II luciferase gene reporter (14).

The fact that the stimulatory effect of PF-E on P₄₅₀Arom and SF-1 mRNA was blocked by indomethacin in a dose-dependent way and was almost abolished with adsorbed PF-E suggests that prostaglandins may be responsible for the PF-E stimulatory actions. An association between P₄₅₀Arom, prostaglandins, and COX-2 has

been described in breast cancer and in eutopic and ectopic endometria (4, 25, 47, 48). Recently a positive effect of PGE₂ on steroidogenic enzymes via SF-1 in endometriotic stromal cells has been reported (49, 50). Indomethacin inhibits both COX-1 and COX-2, reducing prostaglandin synthesis, which partially explains the negative effect on SF-1 and P₄₅₀Arom molecules but may not explain the lack of action of the prostaglandins present at high concentrations in peritoneal fluid from these patients, indicating that other mechanisms may be involved. In this respect, inhibitory effects of indomethacin on the PKA, Akt, and mitogen-activated protein kinase phosphorylation in mouse skin and adipocyte differentiation have been reported (51, 52).

In summary, the present study showed that PF-E induces aberrant expression of P₄₅₀Arom and SF-1 only in control endometrial epithelial cells. Similarly, (Bu)₂cAMP also stimulated their expression alone and P₄₅₀Arom expression in an additive manner with PF-E. It is unknown whether the altered composition of PF-E is a consequence or a cause of endometriosis (5, 53). The finding that control cells are the only ones affected by PF-E supports the hypothesis that molecular factors in this fluid could be participating in the etiopathogenesis of endometriosis, favoring the survival, maintenance, and growth of endometrial implants in the ectopic locations.

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