

Minor depression: a minor concept?

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REVISTA ARGENTINA DE CLINICA PSICOLOGICA

Volumen: 24

Número: 1

Páginas: 23-33

Fecha de publicación: APR 2015

[Ver información de revista](#)

Resumen

This current article provides a theoretical revision of the minor depression concept, in order to elucidate the gap and scope of this diagnosis, not yet known at the present. There is a confusion with its definition, that can be revealed through the different meanings in which it is approached, being even muddled with other clinical descriptions like depression and subsyndromal depression. It is also discussed about the dimensional and categorical dichotomy in approaching the meaning of depression, in which a logic of continuous tendency appears. In this tendency of hesitating from euthymia to major depression where minor depression is in both poles. It is suggested intensity rather than quantity of symptoms as a key element for its understanding.

Palabras clave

Palabras clave de autor: [minor depression](#); [subsyndromal depression](#); [subthreshold depression](#); [categorical and dimensional diagnosis of depression](#)

KeyWords Plus: [SUBTHRESHOLD DEPRESSION](#); [MAJOR DEPRESSION](#); [PRIMARY-CARE](#); [FOLLOW-UP](#); [DISORDER](#); [POPULATION](#); [DYSTHYMIA](#); [SYMPTOMS](#); [ONSET](#)

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Editorial

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Categorías / Clasificación

Áreas de investigación: Psychology

Categorías de Web of Science: Psychology, Clinical; Psychology

Información del documento

Tipo de documento: Article

Idioma: Spanish

Número de acceso: [WOS:000366659500004](#)

ISSN: 0327-6716

Información de la revista

- Impact Factor: [Journal Citation Reports®](#)

Otra información

Número IDS: CY8LI

Referencias citadas en la Colección principal de Web of Science: 34

Veces citado en la Colección principal de Web of Science: 0