# Multiscale mass transport in $z \sim 6$ galactic discs: fuelling black holes

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# ABSTRACT

By using Adaptive Mesh Refinement cosmological hydrodynamic N-body zoom-in simulations, with the RAMSES code, we studied the mass transport processes on to galactic nuclei from high redshift up to  $z \sim 6$ . Due to the large dynamical range of the simulations, we were able to study the mass accretion process on scales from  $\sim 50 \,\text{kpc}$  to  $\sim \text{few 1 pc}$ . We studied the black hole (BH) growth on to the Galactic Centre in relation with the mass transport processes associated to both the Reynolds stress and the gravitational stress on the disc. Such methodology allowed us to identify the main mass transport process as a function of the scales of the problem. We found that in simulations that include radiative cooling and supernovae feedback, the supermassive black hole (SMBH) grows at the Eddington limit for some periods of time presenting  $\langle f_{\rm EDD} \rangle \approx 0.5$  throughout its evolution. The  $\alpha$  parameter is dominated by the Reynolds term,  $\alpha_R$ , with  $\alpha_R \gg 1$ . The gravitational part of the  $\alpha$  parameter,  $\alpha_G$ , has an increasing trend towards the Galactic Centre at higher redshifts, with values  $\alpha_{\rm G} \sim 1$  at radii  $\leq$  few 10<sup>1</sup> pc contributing to the BH fuelling. In terms of torques, we also found that gravity has an increasing contribution towards the Galactic Centre at earlier epochs with a mixed contribution above  $\sim 100$  pc. This complementary work between pressure gradients and gravitational potential gradients allows an efficient mass transport on the disc with average mass accretion rates of the order of  $\sim$ few 1 M $_{\odot}$  yr<sup>-1</sup>. These levels of SMBH accretion rates found in our cosmological simulations are needed in all models of SMBH growth that attempt to explain the formation of redshift 6-7 quasars.

**Key words:** turbulence – stars: formation – galaxies: formation – large-scale structure of Universe.

# **1 INTRODUCTION**

The mass transport (MT) process in astrophysical environments has relevance for different phenomena in our Universe. It is important for planet formation in proto-planetary discs, it triggers the active galactic nuclei (AGN) activity associated with supermassive black hole (SMBH) accretion at high redshift and it is responsible for mass accretion from the filamentary structures around dark matter (DM) haloes into the central regions of the first galaxies. A full understanding of this phenomenon is very important in the construction of a galaxy formation theory.

In particular, the MT phenomenon has a crucial relevance in models of black hole (BH) formation and their growth in the early stages of our Universe. The observation of very bright quasars at redshift  $z \gtrsim 6$  with luminosities  $L \gtrsim 10^{13} L_{\odot}$  implies the existence of BHs with masses of the order  $M_{\rm BH} \sim 10^9 M_{\odot}$  when our Universe was about  $\sim 1$  Gyr old (Fan et al. 2001), i.e. SMBH should be formed very early in the history of our Universe and they should grow very fast in order to reach such high masses in the first  $\sim$ Gyr of our Universe. To understand such a rapid early evolution is one of the

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main challenges of current galaxy formation theories. For a more extended discussion on massive BH formation at high redshift, see Volonteri (2010) and Haiman (2013).

There are three main scenarios for the formation of SMBH seeds.

(i) Seeds from the first generation of stars and their subsequent accretion to form the SMBH: in this scenario, a top heavy initial mass function (IMF) associated with Population III (pop III) stars (Abel, Bryan & Norman 2002; Bromm & Larson 2004) can leave BHs with masses of the order of ~100 M<sub> $\odot$ </sub> (Heger & Woosley 2002). We note that more recent studies have shown that pop III stars could be formed in clusters of low-mass stars, e.g. Stacy, Greif & Bromm (2010), Greif et al. (2011) and Clark et al. (2011).

(ii) Massive seeds formed by the direct collapse of warm ( $\gtrsim 10^4$  K) neutral hydrogen inside atomic cooling haloes: in this scenario, the initial BH seeds are formed by the direct collapse of warm gas triggered by dynamical instabilities inside DM haloes of mass  $\gtrsim 5 \times 10^7 M_{\odot}$  at high redshift,  $z \gtrsim 10$  (e.g. Oh & Haiman 2002; Begelman, Volonteri & Rees 2006; Lodato & Natarajan 2006). If there is no molecular hydrogen to avoid fragmentation (e.g. Agarwal et al. 2012; Latif et al. 2013, 2014) and there is an efficient outward AM transport (Choi, Shlosman & Begelman 2015), such a

scenario could favour the formation of a BH seed of  $\sim 10^4 - 10^6 \, M_{\odot}$ , e.g. Begelman, Rossi & Armitage (2008).

(iii) BH seeds formed by dynamical effects of dense stellar systems like star clusters or galactic nuclei, e.g. Schneider et al. (2006): in this scenario, the formed BH seed can be of mass  $\sim 10^2 - 10^4 \, M_{\odot}$  (Devecchi & Volonteri 2009).

Studies related to the initial mass for SMBH formation favour massive  $\sim 10^4 - 10^6 \, M_{\odot}$  seeds inside primordial atomic cooling haloes (Lodato & Natarajan 2006; Volonteri, Lodato & Natarajan 2008; Tanaka & Haiman 2009). Despite that, due to the lack of observational evidence, it is not clear yet if one of these scenarios is preferred by nature or all of them are working at the same time in different haloes.

There is dynamical evidence for the existence of SMBH in the centre of nearby galaxies (Ferrarese & Ford 2005) with masses in the range  $M_{\rm BH} \sim 10^6 - 10^9 \,\rm M_{\odot}$  suggesting that the BHs formed in the first evolutionary stages of our Universe are now living in the Galactic Centres around us, including our Galaxy (Ghez et al. 2005). Besides their ubiquitous nature, there is evidence of scaling relations connecting the BH mass with its host galaxy properties, namely the galactic bulge – BH mass relation (e.g. Gültekin et al. 2009) and the bulge stars velocity dispersion – BH mass relation (e.g. Ferrarese & Merritt 2000; Tremaine et al. 2002). Such relations suggest a co-evolution between the BH and its host galaxy.

In a cosmological context, motivated by the theoretical study of Pichon & Bernardeau (1999), a series of recent simulations Pichon et al. (2011) and Codis et al. (2012) have argued that the galactic spin may be generated entirely in the baryonic component due to the growth of eddies in the turbulence field generated by large-scale ( $\gtrsim$  few Mpc) mass in-fall relating the large-scale angular momentum (AM) acquisition with MT phenomena inside the virial radius.

Danovich et al. (2015) studied the AM acquisition process in galaxies at redshift  $z \approx 4$ –1.5 identifying four phases for AM acquisition: (i) the initial spin is acquired following the Tidal Torque Theory (Peebles 1969; Doroshkevich 1970). (ii) In this phase, both the mass and AM are transported to the halo outer region in the virialization process following the filamentary structure around them. (iii) In the disc vicinity, the gas forms a non-uniform ring which partially suffers the effect of the galactic disc torques producing an alignment with the inner disc AM. (iv) Finally, outflows reduce gas with low specific AM, increasing its global value at the central region and violent dynamical instabilities (VDI) associated with clump–clump interactions and clump–merged DM halo interactions remove AM, allowing a more centrally concentrated gas.

At smaller scales (~ few 100 kpc), Prieto et al. (2015) studied the MT and AM acquisition process in four DM haloes of similar mass  $M \approx 10^9$  (M<sub>☉</sub>) and very different spin parameter  $\lambda = 0.001-0.04-0.06-0.1$  (Bullock et al. 2001) at redshift z = 9. The main result of this work is the anticorrelation between the DM halo spin parameter and the number of filaments converging on it: the larger the number of filaments, the lower the spin parameter. Such a result suggests that DM haloes associated with isolated knots of the cosmic web could favour the formation of SMBH because the inflowing material would have to cross a lower centrifugal barrier to reach the central galactic region.

In a non-cosmological context, Escala (2006, 2007) has shown that the interplay and competition between BH feeding and star formation (SF) can naturally explain the  $M_{\rm BH}-\sigma$  relation. Using idealized isolated galaxy evolution simulations, Bournaud, Elmegreen & Elmegreen (2007) showed that  $z \sim 1$  galaxies are able to form massive clumps due to gravitational instabilities (Toomre 1964) triggered by its high gas mass fraction. Such clumpy high-redshift galaxies evolve due to VDI to form spiral galaxies characterized by a bulge and an exponential disc. Similar results have been found in cosmological contexts by Mandelker et al. (2014). They show that the formation of massive clumps is a common feature of  $z \sim 3-1$  galaxies. Due to the fast formation and interaction between them, the VDI dominate the disc evolution. A similar clump migration has been observed at higher redshift in a  $5 \times 10^{11} \text{ M}_{\odot}$  DM halo at z = 6 in Dubois et al. (2012, 2013). In these works, the migration has been triggered by DM merger induced torques. In contrast to the scenario presented above, there are studies supporting the idea that clump interaction in high-redshift discs are not the main source to build up the galactic bulges (e.g. Hopkins et al. 2012; Fiacconi, Feldmann & Mayer 2015; Tamburello et al. 2016).

Inspired by the  $\alpha$  parametrization in the seminal paper of Shakura & Sunyaev (1973), Gammie (2001) studied the gravitational stability in cool thin discs. In his work, Gammie (2001) quantified the rate of AM flux in terms of the Reynolds and gravitational stress. In this work, we will use a similar  $\alpha$  formalism to study the MT process on galactic discs at redshift  $z \sim 6$  performing N-body and hydrodynamic numerical simulations from cosmological initial conditions. We will study a halo of  $\sim \text{few } 10^{10} \,\text{M}_{\odot}$ , a mass value not studied already in this context. It is the first time that such an approach is being used to study the MT process on galaxies at high redshift. Furthermore, we will compute directly the torques working on the simulated structures from  $\sim$ 50 kpc scales associated with the cosmic web around the central DM halo to ~few pc scales associated with the galactic disc. Such an approach will allow us to have clues about the main source of MT on these objects and then to have some insights about the SMBH growth mechanisms at high redshift.

The paper is organized as follows. Section 2 contains the numerical details of our simulations. Here we describe the halo selection procedure, our refinement strategy and the gas physics included in our calculations. In Section 3, we show our results. Here we present radial profiles of our systems, star formation properties of our galaxies, a gravitational stability analysis and show a MT analysis based on both the  $\alpha$  formalism and the torques analysis on small and large scales. In Section 4, we discuss our results and present our main conclusions.

# 2 METHODOLOGY AND NUMERICAL SIMULATION DETAILS

#### 2.1 RAMSES code

The simulations presented in this work were performed with the cosmological *N*-body hydrodynamical code RAMSES (Teyssier 2002).<sup>1</sup> This code has been written to study hydrodynamic and cosmological structure formation with high spatial resolution using the Adaptive Mesh Refinement (AMR) technique, with a tree-based data structure. The code solves the Euler equations with a gravitational term in an expanding universe using the second-order Godunov method (Piecewise Linear Method).

#### 2.2 Cosmological parameters

Cosmological initial conditions were generated with the MPGRAFIC code (Prunet et al. 2008) inside a L = 10 cMpc side box.

<sup>1</sup> https://bitbucket.org/rteyssie/ramses

Cosmological parameters where taken from Planck Collaboration (2014):  $\Omega_{\rm m} = 0.3175$ ,  $\Omega_{\Lambda} = 0.6825$ ,  $\Omega_{\rm b} = 0.04899$ , h = 0.6711,  $\sigma_8 = 0.83$  and  $n_s = 0.9624$ .

#### 2.3 Halo selection

Using the parameters mentioned above, we ran a number of DMonly simulations with  $N_p = 256^3$  particles starting at  $z_{ini} = 100$ . We selected one DM halo of mass  $M_{DM} \approx 3 \times 10^{10} M_{\odot}$  at redshift z =6. We gave preference to DM haloes without major mergers through its final evolution in order to have a more clean and not perturbed system to analyse.

After the selection process, we re-simulated the halo including gas physics. For these simulations, we re-centred the box on the DM halo position at redshift z = 6. We set a coarse level of 128<sup>3</sup> (level 7) particles and allowed for further DM particle mass refinements until level 10 inside a variable volume called mask (as we will explain below). In this way, we were able to reach a DM resolution equivalent to a 1024<sup>3</sup> particle grid inside the central region of the box, which corresponds to a particle mass resolution  $m_{\text{part}} \approx 3 \times 10^4 \text{ M}_{\odot}$ , in other words, we resolved the high-redshift  $\sim 10^6 \text{ M}_{\odot}$ ] halo with  $\gtrsim 30$  particles and our final halo with  $\gtrsim 10^6$  particles.

#### 2.4 Refinement strategy

In order to resolve all the interesting regions, we allowed refinements inside the Lagrangian volume associated with a sphere of radius  $R_{\rm ref} = 3R_{\rm vir}^2$  around the selected DM halo at  $z_{\rm end} = 6$ . Such a Lagrangian volume is tracked back in time until the initial redshift of the simulation,  $z_{\rm ini} = 100$ . In this way, we ensure that the simulation is resolving all the interesting volume of matter throughout the experiment, i.e. all the material ending inside the  $R_{\rm ref}$  at the end of the simulation.<sup>3</sup> The Lagrangian volume (the mask) is defined by an additional passive scalar advected by the flow throughout the simulation. At the beginning, the passive scalar has a value equal to 1 inside the mask and it is 0 outside. We apply our refinement criteria in regions where this passive scalar is larger than  $10^{-3}$ .

In our simulations, a cell is refined if it is in regions where the mask passive scalar is larger than  $10^{-3}$  and if one of the following conditions is fulfilled:

(i) it contains more than eight DM particles,

(ii) its baryonic content is eight times higher than the average in the whole box,

(iii) the local Jeans length is resolved by less than four cells (Truelove et al. 1997), and

(iv) if the relative pressure variation between cells is larger than 2 [suitable for shocks associated with the virialization process and supernovae (SNe) explosions].

Following those criteria, the maximum level of refinement was set at  $\ell_{\text{max}} = 18$ , corresponding to a comoving maximum spatial resolution of  $\Delta x_{\min} \approx 38.1 \text{ cpc}$  and a proper spatial resolution of  $\Delta x_{\min} \approx 5.4 \text{ pc}$  at redshift z = 6. With this resolution, we were able to resolve the inner  $0.1R_{\text{vir}}$  DM region with ~200 computational cells.

<sup>2</sup> Here  $R_{\text{vir}} \equiv R_{200}$ , the radius associated with an spherical overdensity 200 higher than  $\Omega_m \rho_c$ , with  $\rho_c$  the critical density at the corresponding redshift. <sup>3</sup> In order to define such a volume we compute a mask. Such a mask can be computed using the geticref.f90 and the geticmask.f90 routines in the /ramses/utils/f90/zoom\_ic folder.

# 2.5 Gas physics

Our simulations include optically thin gas cooling. The gas is able to cool due to H, He and metals following the Sutherland & Dopita (1993) model until it reaches a temperature of  $T = 10^4$  K. Below this temperature, the gas can cool until T = 10 K due to metal lines cooling. We note that the cooling functions assume collisional ionization equilibrium. The metals are modelled as passive scalars advected by the gas flow. In order to mimic the effect of H<sub>2</sub> cooling in primordial environments, all our simulations started with an initial metallicity  $Z_{ini} = 0.001 Z_{\odot}$  (Powell, Slyz & Devriendt 2011). Furthermore, a uniform UV background is activated at  $z_{reion} = 8.5$ , following Haardt & Madau (1996).

#### 2.5.1 Star formation

The numerical experiments include a density threshold Schmidt law for star formation: above a given number density, set to  $n_0 \approx 30 \text{ cm}^{-3}$ in our case, the gas is converted into stars at a rate density,  $\dot{\rho}_{\star}$ , given by (e.g. Rasera & Teyssier 2006; Dubois & Teyssier 2008):

$$\dot{\rho}_{\star} = \epsilon_{\star} \frac{\rho}{t_{\rm ff}(\rho)},\tag{1}$$

where  $\rho$  is the local gas density,  $\epsilon_{\star} = 0.05$  is the constant star formation efficiency and  $t_{\rm ff}(\rho)$  is the density-dependent local freefall time of the gas. The number density for star formation,  $n_0$ , corresponds to the value at which the local Jeans length is resolved by four cells with a temperature  $T_0 = 200 \,\mathrm{K}^4$ 

When a cell reaches the conditions to form stars, we create star particles following a Poisson distribution

$$P(N) = \frac{\lambda_P^N}{N!} e^{-\lambda_P},\tag{4}$$

with N the number of formed stars and

$$\lambda_P = \frac{\rho \Delta x^3}{m_\star} \frac{\Delta t}{t_\star},\tag{5}$$

where  $\Delta x$  is the cell grid side,  $m_{\star} \approx m_H n_0 \Delta x^3$  is the mass of the stars,  $\Delta t$  is the timestep integration and  $t_{\star} = t_{\rm ff}(\rho)/\epsilon_{\star}$  is the star formation time-scale. This process ends up with a population of stars inside the corresponding cell. In order to ensure numerical stability, we do not allow conversion of more than 50 per cent of the gas into stars inside a cell.

#### 2.5.2 SNe feedback

After 10 Myr, the most massive stars explode as SNe. In this process, a mass fraction  $\eta_{SN} = 0.1$  (consistent with a Salpeter IMF truncated

<sup>4</sup> In order to avoid numerical fragmentation, we added a pressure floor to the hydrodynamical pressure. The pressure floor is computed as

$$P_{\rm floor} = \frac{\rho k_B}{m_H} \frac{T_{\rm floor}}{\mu},\tag{2}$$

with

$$\frac{T_{\text{floor}}}{\mu} = T_0 \left(\frac{n}{n_0}\right). \tag{3}$$

The pressure floor is activated at  $n_0$  for  $T_0$  and at the corresponding density for different temperatures. We note that under the Jeans condition,  $T_{\text{floor}} \propto n$  and  $P_{\text{floor}} \propto n^2$ .

between 0.1 and  $100 \,M_{\odot}$ ) of the stellar populations is converted into SNe ejecta:

$$m_{\rm eject} = \eta_{\rm SN} \times m_{\star}.$$
 (6)

In this case,  $m_{\star}$  is not the single stellar particle mass but the total stellar mass created inside a cell. Furthermore, each SNe explosion releases a specific energy  $E_{\rm SN} = 10^{51} \text{ erg}/10 \,\text{M}_{\odot}$  into the gas inside a sphere of  $r_{\rm SN} = 2\Delta x$ :

$$E_{\rm eject} = \eta_{\rm SN} \times m_{\star} \times E_{\rm SN}.$$
(7)

As mentioned above, metals are included as passive scalars after each SNe explosion and then they are advected by the gas flows. This means that after each SNe explosion, a metallicity

$$Z_{\text{eject}} = 0.1 \, Z_{\odot} \tag{8}$$

is included as metals in the gas in the simulation. Such an amount of metals is consistent with the yield of a  $10 \,M_{\odot}$  Type II SNe from Woosley & Weaver (1995).

In this work, we used the delayed cooling implementation of the SNe feedback (discussed in Teyssier et al. 2013; Dubois et al. 2015). This means that in places where SNe explode, if the gas internal energy is above an energy threshold  $e_{\rm NT}$ , the gas cooling is turned off for a time  $t_{\rm diss}$  in order to take into account the unresolved chaotic turbulent energy source of the explosions.

As written in Dubois et al. (2015) the non-thermal energy  $e_{\rm NT}$  evolution associated with the SNe explosions can be expressed as

$$\frac{\mathrm{d}e_{\mathrm{NT}}}{\mathrm{d}t} = \eta_{\mathrm{SN}}\dot{\rho}_{\star}E_{\mathrm{SN}} - \frac{e_{\mathrm{NT}}}{t_{\mathrm{diss}}} = \eta_{\mathrm{SN}}\epsilon_{\star}\rho\frac{E_{\mathrm{SN}}}{t_{\mathrm{ff}}} - \frac{e_{\mathrm{NT}}}{t_{\mathrm{diss}}}.$$
(9)

In an equilibrium state,  $de_{NT}/dt = 0$ , it is possible to write

$$\frac{e_{\rm SN}}{\rho} = \eta_{\rm SN} \epsilon_{\star} E_{\rm SN} \frac{t_{\rm diss}}{t_{\rm ff}}.$$
(10)

If we assume that non-thermal energy is associated with a turbulent motion with a velocity dispersion  $\sigma_{\rm NT}$  and that this energy  $e_{\rm NT} = \rho \sigma_{\rm NT}^2/2$  will be dissipated in a time-scale of the order of the crossing time-scale associated with the local Jeans length, then  $t_{\rm diss} \approx l_{\rm J}/\sigma_{\rm NT}$ , and it is possible to write

$$t_{\rm diss} = \left(\frac{t_{\rm ff}}{2\eta_{\rm SN}E_{\rm SN}\epsilon_{\star}}\right)^{1/3} l_{\rm J}^{2/3}.$$
 (11)

Then, expressing the local Jeans length as  $l_J = 4\Delta x$ , with  $\Delta x$  the proper cell side at the highest level of refinement, it is possible to write the dissipation time-scale as:

$$t_{\rm diss} \approx 0.52 \,\mathrm{Myr} \left(\frac{0.1}{\eta_{\rm SN}}\right)^{1/3} \left(\frac{0.05}{\epsilon_{\star}}\right)^{1/3} \\ \times \left(\frac{\Delta x}{5.4 \,\mathrm{pc}}\right)^{2/3} \left(\frac{30 \,\mathrm{cm}^{-3}}{n_0}\right)^{1/6}$$
(12)

Given our parameters, we set the non-thermal energy dissipation time-scale as  $t_{\rm diss} \approx 0.5$  Myr.

In this model, the gas cooling is switched off when the nonthermal velocity dispersion is higher than a given threshold:

$$\sigma_{\rm NT} \approx 49 \,\rm km \, s^{-1} \left(\frac{\eta_{\rm SN}}{0.1}\right)^{1/3} \left(\frac{\epsilon_{\star}}{0.05}\right)^{1/3} \\ \times \left(\frac{\Delta x}{5.4 \,\rm pc}\right)^{1/3} \left(\frac{n_0}{30 \,\rm cm^{-3}}\right)^{1/6}$$
(13)

which for us is  $\sigma_{\rm NT} \approx 49 \,\rm km \, s^{-1}$ .

# 2.6 Sink particles and BH accretion

In order to follow the evolution of a BH in the simulations, we introduced a sink particle (Bleuler & Teyssier 2014) at the gas density peak inside a DM halo of  $M \approx 1.7 \times 10^8 \,\mathrm{M_{\odot}}$  at redshift z = 15.7. The BH seed mass is  $10^4 \,\mathrm{M_{\odot}}$ , roughly following the  $M_{\rm BH}-\sigma$  relation of McConell et al. (2011). Such a BH mass is in the range of masses associated with direct collapse of warm gas inside atomic cooling haloes at high redshift (e.g. Oh & Haiman 2002; Begelman et al. 2006, 2008; Lodato & Natarajan 2006; Agarwal et al. 2012; Latif et al. 2013, 2014; Choi et al. 2015). We did not allow more BH formation after the formation of the first one. In order to compute the mass accretion rate on to the BH, we use the modified Bondi–Hoyle accretion rate described below.

#### 2.6.1 Modified Bondi accretion

Bleuler & Teyssier (2014) implemented the modified Bondi mass accretion rate on to sink particles in the RAMSES code. They use the expression presented in Krumholz, MaKee & Klein (2004) based on the Bondi, Hoyle and Lyttleton theory (Bondi & Lyttleton 1939; Bondi 1952). There the Bondi radius

$$r_{\rm BHL} = \frac{GM_{\rm BH}}{(c_{\infty}^2 + v_{\infty}^2)} \tag{14}$$

defines the sphere of influence of the central massive object of mass  $M_{\rm BH}$  and its corresponding accretion rate is given by

$$\dot{M}_{\rm BHL} = 4\pi \rho_{\infty} r_{\rm BHL}^2 (\lambda^2 c_{\infty}^2 + v_{\infty}^2)^{1/2},$$
 (15)

where G is the gravitational constant,  $c_{\infty}$  is the average sound speed and  $v_{\infty}$  is the average gas velocity relative to the sink velocity,  $\lambda$  is an equation of state-dependent variable and it is  $\exp(3/2)/4 \approx 1.12$ in the isothermal case. The density  $\rho_{\infty}$  is the gas density far from the central mass and it is given by

$$\rho_{\infty} = \bar{\rho} / \alpha_{\rm BHL} (\bar{r} / r_{\rm BHL}), \tag{16}$$

where  $\alpha_{\rm BHL}(x)$  is the solution for the density profile in the Bondi model (Bondi 1952). The variable  $x = \bar{r}/r_{\rm BHL}$  is the dimensionless radius and  $\bar{\rho}$  the corresponding density. In our case,  $\bar{r} = 2\Delta x_{\rm min}$ , with  $\Delta x_{\rm min}$  the minimum cell size in the simulation.

The modified Bondi accretion rate is limited by the Eddington accretion rate. In other words, the sink particle cannot accrete at a rate larger than the Eddington rate, given by

$$\dot{M}_{\rm Edd} = \frac{4\pi G m_{\rm p} M_{\rm BH}}{\sigma_{\rm T} c \epsilon_r},\tag{17}$$

where  $m_p$  is the proton mass,  $\sigma_T$  is the Thomson scattering crosssection, c is the speed of light and  $\epsilon_r = 0.1$  is the fraction of accreted mass converted into energy.

## **3 RESULTS**

In this work, we will analyse three simulations.

(i) NoSNe simulation: includes star formation and modified Bondi–Hoyle–Lyttleton (BHL) accretion rate on to sinks,

(ii) SNe0.5 simulation: includes star formation, BHL accretion rate on to sinks and SNe feedback with a consistent delayed cooling  $t_{diss} = 0.5$  Myr, and

(iii) SNe5.0 simulation: similar to SNe0.5 but with an out of model  $t_{\text{diss}} = 5.0 \text{ Myr.}$ 



Figure 1. Mass-weighted projection of the gas number density for our simulations: NoSNe left-hand column, SNe0.5 central column and SNe5.0 right-hand column. The top row is a large-scale ( $\sim$ 30 ckpc square side) view of our systems and the bottom row is a zoom-in of the central region of the system ( $\sim$ 1 ckpc square side). From the top panels, it is possible to identify the filamentary structure converging at the central region of the system: the galaxy position. Such filaments channel and feed the galactic structure. At large scales, it is possible to recognize shock waves associated with the SNe explosions of our SNe runs. Beside the low-density gas, there are a number of overdensities associated to small DM haloes about to merge with the central structure. The bottom panels show a dramatic difference between our simulations: a compact gas-rich spiral galaxy for the NoSne experiment, a rough spiral galaxy disturbed by SNe feedback in our SNe0.5 run and a group of clumps in our SNe5.0 simulation.

We are not including AGN feedback in these experiments. This important ingredient has been left for a future study to be presented in an upcoming publication.

Fig. 1 shows a gas number density projection of our systems at redshift z = 6 at two different scales. The top rows show the large-scale ( $\sim 3 \times 10^2$  ckpc) view of the systems and the bottom rows show a zoom-in of the central ( $\sim 10$  ckpc) region.

In the top panels, it is possible to recognize a filamentary structure converging on to the central galaxy position. Such filaments work as pipes channeling cold baryonic matter on to the converging region: the place for galaxy formation, i.e. knots of the cosmic web. Aside from the accreted low-density gas, it is possible to recognize a number of overdensities associated with small DM haloes merging with the central dominant halo, a common feature of the hierarchical structure formation. Such mini haloes certainly perturb the galactic disc environment as we will see later.

Whereas at large scale, we can see that the difference between runs are the small-scale features associated with the shocks produced by SNe explosions, the bottom panels show a clear difference between simulations at the end of the experiments. The NoSNe run developed a concentrated gas rich spiral galaxy whereas both SNe runs have less concentrated gas and much more chaotic matter distribution. Such a difference certainly is a consequence of SNe explosions: the energy injected into the environment is able to spread the gas out of the central region and then to decrease the average density due to effect of the expanding SNe bubbles. Such a phenomenon is able to destroy the galactic disc as can be seen in the central and right-bottom panel where the proto-galaxy is reduced to a number of filaments and gas clumps.

Fig. 2 shows the rest-frame face-on (top panels) and edge-on (bottom panels) stellar populations associated with our systems in three combined filters: i, u and v. The images were made using a

simplified version of the stardust code (Devriendt, Guiderdoni & Sadat 1999).<sup>5</sup>

# 3.1 Radial profiles

Before computing any radial average from our AMR 3D data, we aligned the gas spin vector with the Cartesian  $\hat{z}$  direction. After this procedure, we performed a mass weighted average in the  $\hat{z}$  direction in order to have all the interesting physical quantities associated with the disc surface:

$$\langle \mathcal{Q}(x,y) \rangle_z = \frac{\sum_{z_i}^{z_f} \mathcal{Q}(x,y,z) \Delta m}{\sum_{z_i}^{z_f} \Delta m},$$
(18)

with  $\Delta m = \rho \Delta x^3$  and  $\Delta x$  the grid size.

In order to get our radial quantities, we have performed a massweighted averaging in the cylindrical  $\hat{\theta}$  direction of our disc surface data:

$$\langle Q(r) \rangle_{\theta} = \frac{\sum_{\theta=0}^{\theta=2\pi} Q(r,\theta) \Delta m}{\sum_{\theta=0}^{\theta=2\pi} \Delta m},$$
(19)

where *r* and  $\theta$  are the radial and azimuthal cylindrical coordinates, with  $\Delta m = r \Delta r \Delta \theta$  and  $\Delta r = \Delta x$ .

<sup>5</sup> The starbust code computes the observed flux for a single stellar population (ssp). It assumes a Salpeter IMF and for a given stellar track, it computes the associated spectral energy distribution of an ssp. Then it is convolved with the different filters from SSDS to obtain the observed maps. There is no dust extinction in our case.



Figure 2. Combined rest-frame stars visualization for our three runs using SDSS u, v and i filters in blue green and red colours, respectively. The images correspond to the end of our simulations and there is no dust extinction. The face on view of the NoSNe system shows a smoother star distribution compared with our SNe runs where feedback is able to create a non-homogeneous star distribution characterized by green-blue star clumps around the centre of the system.



**Figure 3.** Radial profiles of the gas SD (top panels), stars SD (central panel) and SD SFR (bottom panel) for the NoSne run in the left-hand column, SNe0.5 run in the central column and SNe5.0 run in the right-hand column. All the quantities are plotted for different redshifts (from 6 in blue to 10 in green): z = 6 (solid line), z = 7 (long-dashed line), z = 8 (short-dashed line), z = 9 (dotted line) and z = 10 (dot–dashed line). The vertical lines mark the  $4 = 0.1R_{vir}$  at each z following the same line style as the profiles. The top and central panels show density fluctuations associated with the non-homogeneous nature of the galactic disc at high redshift. SNe feedback clearly decreases the amount of stars formed in our galaxies.

Fig. 3 shows the gas surface density<sup>6</sup> (SD) (top panels), the stars SD (central panel) and the SD star formation rate (SFR,

bottom panel) for different redshifts as a function of radius. (The line style–redshift relation will be kept for the following plots.) All our simulations show a number of peaks in the gas SD profiles at almost all the sampled redshifts, a proof of the irregular and clumpy structure of the gas.

The second row of the figure shows more clear differences between our runs. Apart from an almost monotonic increment on the stars SD for each simulation, it is also possible to see lower central peaks from left to right. Such a trend is a consequence of the different strength of the feedback which also increases from left to right.

The bottom panels show the SD SFR. In order to compute this quantity, we took into account all the stars with an age  $t_{\star} < 10$  Myr formed in the time elapsed between consecutive outputs (which is in the range  $\Delta t \sim 7-9$  Myr). Inside 1/10 of the virial radius, we compute the height and the radius where 90 per cent of the gas and stars are enclosed. We averaged these scales for stars and gas to define a cylinder where we compute the SFR [a similar procedure will be used in the next sub-section to compute the Kennicutt–Schmidt (KS) law]. We can see that our NoSNe run shows higher SD SFR peaks above  $\sim 10$  pc and the SNe5.0 run has the lower SD SFR. Such a fact will be confirmed after computing the global SD against the global SD SFR in the next section.

Fig. 4 shows different gas velocities associated with our systems at different redshift as a function of radius. It plots the radial velocity  $v_r \equiv \boldsymbol{v} \cdot \hat{r}$  (in solid black line), azimuthal velocity  $v_{\theta} \equiv \boldsymbol{v} \cdot \hat{\theta}$  (in long-dashed blue line) and the spherical circular velocity  $v_{\text{circ}}$  of the disc (in dot–dashed cyan line) defined as

$$v_{\rm circ} = \left(\frac{GM(< r)}{r}\right)^{1/2},\tag{20}$$

 $<sup>^{6}</sup>$  In this case, we have added the total mass in the  $\hat{z}$  direction (not an average) divided by the corresponding area and then we averaged in the cylindrical direction in order to get mass-weighted radial SD, for gas, stars and SFR.



**Figure 4.** The figure shows the gas radial velocity (solid black line), orbital velocity (long-dashed blue line) and the spherical circular velocity (dot–dashed cyan line) as a function of radius at different redshifts for the NoSNe run (left-hand columns), the SNe0.5 run (central column) and the SNe5.0 run (right-hand column). The vertical lines mark the  $r = 0.1R_{vir}$  position.

where *G* is Newton's constant and M(< r) is the total (gas, stars and DM) mass inside the radius *r*.

In our simulations, the radial velocity fluctuates from negative to positive values. Such a feature is a proof of a non-stationary disc where at some radii, there is inflowing material whereas at other radii there are gas outflows. Such features can be produced by virialization shocks, DM halo mergers or SNe explosions. It is worth noticing that at  $r \gtrsim 1$  kpc, which roughly correspond to the outer edge of the galactic disc, the gas is inflowing in most of the cases. Such a feature is a remarkable signal of radial gas inflows at distance  $\sim 0.1 R_{\rm vir}$  from the centre of the system. This fast radial material comes from larger scales channeled by the filamentary structure shown in the top panels of Fig. 1 and, as mentioned above, they supply the central DM halo region with cold gas at rates as high as  $\sim 10 \, {\rm M_{\odot} \ yr^{-1}}$  as we will see in the following sections.

The orbital velocity tends to be roughly similar to the spherical circular velocity at large radii  $r \gtrsim 100\,\mathrm{pc}$  in most of the cases, but in general, the circular velocity does not follow the spherical circular orbit. Such deviations can be explained due to the shocked gas inflows, the mergers suffered by the central halo and due to SNe explosions which enhance the pressure support against gravity. We emphasize that these kinds of interactions have a gravitational effect due to tidal forces (mergers and clump-clump interaction) on the disc and also have a hydrodynamical effect (shocks). In our SNe runs, it is clear that the spherical circular curves are lower than the NoSNe curve. In other words, the enclosed mass inside  $\sim 0.1 R_{\rm vir}$  is lower in the SNe runs. That is because the SNe explosions spread the gas out of the central region. Actually, from the shocked gas features at the top-right panel of Fig. 1, it is possible to see that the outflows can reach regions at  $\sim 100$  ckpc from the central galaxy, i.e.  $\sim 15$  kpc at z = 6.

### 3.2 Star formation

Despite the lack of observations of the KS law at high redshift ( $z \gtrsim 6$ ), it is interesting to compare the KS law from our simulations with its currently accepted functional form from Kennicutt (1998, hereafter K98). Furthermore, it is also interesting to compare our data with more recent literature from the Daddi et al. (2010, hereafter D10) results for normal and starburst galaxies.



Figure 5. KS law for each of our snapshots from z = 10 to 6. Each point marks the KS relation for our galaxies computed as mentioned in the text at different redshifts in different colours. From top to bottom: NoSNe, SNe0.5 and SNe5.0. The solid black line marks the K98 fit. The thick long-dashed green line marks the D10 fit for normal galaxies and the short-dashed blue line marks the D10 fit for starburst galaxies. Our SNe0.5 run has the lowest scatter, and most closely follows the D10 sequence of starburst galaxies.

Fig. 5 shows the KS law for our runs. Each point marks the SD SFR as a function of the total gas SD. The SD SFR was computed following a similar procedure as in the previous sub-section.

There is a correlation between the lower gas SD and the level of feedback in our results: the higher the feedback, the lower the gas SD, which is a natural consequence of the gas heating due to SNe events. Whereas the NoSNe run shows points covering  $\sim 1$  decade at high SD with a large scatter in SD SFR from below the D10 normal galaxies sequence to above the D10 starburst sequence, the SNe runs cover a larger SD range. Both SNe runs are in agreement with the starburst sequence of D10 and the SNe0.5 simulation shows a lower scatter in the points. Such a behaviour could be due to the number of mergers suffered by these kind of haloes at high redshift.

Fig. 6 shows the stellar mass normalized by  $f_b M_{vir}$ , where  $f_{\rm b} \equiv \Omega_{\rm b}/\Omega_{\rm m}$  is the universal baryonic fraction. At the end of the simulation, our SNe0.5 galaxy has a stellar metallicity  $Z_{\star} = 0.1 Z_{\odot}$ and our SNe5.0 galaxy a metallicity of  $Z_{\star} = 0.04 \, \text{Z}_{\odot}$ . It is clear from the figure that the NoSNe run is producing much more stars than our SNe runs and that due to the extreme feedback, our SNe5.0 simulation form less stars than our SNe0.5 simulation. When we compare our results with the one shown in Kimm et al. (2015), we can see that our results are in the range of their mechanical feedback (MFB) and MFBm simulations at similar  $\sim 10^{10}$  M<sub> $\odot$ </sub>. Despite the uncertainties and the lack of robust observational constrains, such values are not far (a factor of ~few for SNe5.0 and just in the limit of the order of magnitude for SNe0.5) from the prediction from Behroozi, Wechsler & Conroy (2013, hereafter B13) where the stellar to halo mass ratio is of the order of few  $\sim 10^{-2}$  at the same mass range and high redshift.

Fig. 7 shows the SFR for our runs as a function of redshift. When we compare the NoSNe run with our SNe runs, the main difference arises in the continuity of the SFR history. Whereas the NoSNe run shows a continuous line, the SNe runs present periods of almost zero SFR. Such periods last few ~10 Myr and are more frequent in our SNe5.0 run due to the stronger feedback. Despite the large fluctuations in the SFR data, our SNe runs tend to be in the range ~1–10  $M_{\odot}$  yr<sup>-1</sup>. Such numbers are in line with the one found



**Figure 6.** Halo mass–stellar mass (normalized by the halo baryonic content assuming that it has exactly the universal baryonic fraction  $f_b$ ) relation as a function of redshift in different colours for our runs. From top to bottom: NoSNe, SNe0.5 and SNe5.0. The filled circles mark the mass in stars inside the virial radius and the empty triangles mark the mass in stars inside 1/10 of the virial radius. Our SNe5.0 run is in closest agreement with B13 at  $\sim 10^{10} \,\mathrm{M_{\odot}}$  while for high *z* galaxies, our SNe0.5 experiment is still in the limit of the order of magnitude predicted by B13.



**Figure 7.** SFR as a function of redshift for our experiments: NoSNe (black solid line), SNe0.5 (dashed blue line) and SNe5.0 (dot–dashed line). It is worth to notice that above redshift  $z \approx 10$  the NoSne simulation presents a higher SFR compared with the SNe simulations: the NoSne experiment can form stars continuously without feedback. The SNe runs shows a 'bursty' nature with peaks of SF in each ~few 10 Myr.

by Watson et al. (2015, hereafter W15) and references therein for high-redshift galaxies. Taking into account the uncertainties of the predictions, if we compare our SNe run results with B13, they tend to be below or similar to their data for  $\sim 10^{11} \,\mathrm{M_{\odot}}$  halo at  $z \gtrsim 6$ .

# 3.3 Disc stability

High-redshift galactic environments have a high gas fraction  $f_g \gtrsim 0.5$  (e.g. Mannucci et al. 2009; Tacconi et al. 2010). Fig. 8 shows the gas fraction of our systems as a function of redshift. Here we define the gas fraction as the ratio between the galactic gas mass and the mass of the gas plus the stars in the galaxy:  $f_g \equiv M_{gas}/(M_{gas} + M_{star})$ . All our systems shows a high gas fraction with values fluctuating around ~0.8. In fact, the average values for our simulations are



**Figure 8.** Gas mass fraction as a function of redshift for our three runs: NoSNe (solid black line), SNe0.5 (dashed blue line) and SNe5.0 (dotdashed cyan line). The dotted thick green line at  $f_g = 0.55$  marks the W15 observed value. The dotted thin green line are the errors associated with that observation. In general, our SNe runs are well inside the error bars of W15. Our SNe0.5 run has  $f_g$  closer to the observed value at  $z \leq 7$  and it is just in the limit of  $f_g = 0.8$  when we average below z = 8.

 $\langle f_g \rangle_{\text{NoSNe}} = 0.86$ ,  $\langle f_g \rangle_{\text{SNe0.5}} = 0.83$  and  $\langle f_g \rangle_{\text{SNe5.0}} = 0.82$  below z = 8. If we average below redshift 7, we find  $\langle f_g \rangle_{\text{NoSNe}} = 0.87$ ,  $\langle f_g \rangle_{\text{SNe0.5}} = 0.80$  and  $\langle f_g \rangle_{\text{SNe5.0}} = 0.85$ . It is interesting to compare such numbers with those found by W15. In this work, the authors describe the properties of a  $z \approx 7.5$  galaxy. The galaxy at this redshift has a gas fraction  $f_g = 0.55 \pm 0.25$ , in other words, our values of  $f_g$  are inside the errors associated to their observations as we can see in Fig. 8 with the SNe runs closer to the observational expectations.

The non-stationary and highly dynamic nature of the high-gas fraction systems makes them susceptible to gravitational instabilities. In order to analyse the disc stability throughout its evolution, we will use the Toomre parameter,  $Q_{\rm T}$ , stability criterion (Toomre 1964):

$$Q_{\rm T} = \frac{c_{\rm s}\Omega}{\pi G\Sigma}.$$
(21)

A convenient modification of the Toomre parameter to take into account the turbulent velocity dispersion of the fluid has the form  $Q_{\rm T} = v_{\rm rms}\Omega/\pi G\Sigma$ . Despite the ad hoc modification of the parameter, it is not straightforward to interpret the turbulent velocity dispersion of the gas as a source of pressure counteracting the gravity (Elegreen & Scalo 2004). This comes from the fact that this pressure term could only be defined in the case where the dominant turbulent scale is much smaller than the region under consideration, which is in fact not the case of the interstellar medium. Rigorous analysis indeed shows that turbulence can be represented as a pressure only if the turbulence is produced at scales smaller than the Jeans length (micro-turbulence in Bonazzola et al. 1992). Therefore, the gravitational instability analysis is not strictly applicable with a turbulent pressure term that could stabilize and dampen all the substructure below the unstable scale associated with  $v_{\rm rms}$ .

The left-hand column of Fig. 9 shows the Toomre parameter for our three runs at different redshifts. The grey dashed horizontal line marks the  $Q_T = 1$  state. For completeness, the right-hand column of Fig. 9 shows the Toomre parameter associated with the turbulent velocity dispersion. Due to the high Mach numbers (see Appendix C) of these systems, it is  $\gtrsim 1$  order of magnitude above the thermal Toomre parameter.



Figure 9. Toomre parameter as a function of radius for our three simulations. The thermal Toomre parameter in the left-hand column and the turbulent Toomre parameter in the right-hand column. From top to bottom: NoSNe, SNe0.5 and SNe5.0. From the thermal Toomre panels, we see that our NoSNe run presents lower values compared with our SNe experiments. Despite that, the SNe runs do have some regions of the Toomre parameter  $\leq 1$  due to the effect of metal line cooling. Our turbulent Toomre parameter shows much higher values. This is due to the high Mach number of our runs. The difference is more dramatic in our NoSNe run due to the low gas temperatures reached without SNe heating. See the text for a discussion about this parameter.

Our NoSNe run tends to have lower values with a smaller dispersion compared with our SNe runs. In the case of no feedback, the Toomre parameter fluctuates around 1 above z = 7 showing an unstable disc at high redshift. At z = 6, the parameter is of the order of  $\sim 10^0$  inside  $\sim 100$  pc and above this radius, it increases due to the combined effect of low density and higher sound speed (high temperature) stabilizing the system at these radii.

Due to the higher temperature associated with SNe explosions, the Toomre parameter tends to be larger in our SNe runs showing a more stable system in these cases. Despite that, it is also possible to find regions with  $Q_T \approx 1$  in our feedback runs. We have to take into account that after each SNe explosion, a given amount of metals is released into the gas. Such a new component allows the gas to reach lower temperatures creating unstable regions.

We applied the clump finder algorithm of Padoan et al. (2007) to our galactic disc inside a ~1–1.5 kpc box. The clump finder algorithm scans regions of density above  $5 \times 10^2 n_{\text{avg}}$ , with  $n_{\text{avg}}$  the average density inside the analysed box which is of the order of ~5 cm<sup>-3</sup>. In practice, it means that we look for gas clumps at densities above ~10<sup>3</sup> cm<sup>-3</sup>. The scan is performed increasing the density by a fraction  $\delta n/n = 0.25$  until the maximum box density is reached. For each step, the algorithm selects the overdensities with masses above the Bonnor–Ebert mass in order to define a gravitationally unstable gas clump. This algorithm gave us clump mass function found in each of our simulations at different redshifts. In order to complement this analysis, we have computed the mass associated with the maximum unstable scalelength of a rotating disc (Escala & Larson 2008)

$$M_{\rm cl}^{\rm max} = \frac{\pi^4 G^2 \Sigma_{\rm gas}^3}{4\Omega^4}.$$
 (22)

The vertical lines of Fig. 10 mark the average  $M_{cl}^{max}$  at each sampled redshift. Our NoSNe run formed the bigger gas clumps.



**Figure 10.** The gas clumps mass function. From top to bottom: NoSNe, SNe0.5 and SNe5.0. The vertical lines are the average maximum unstable mass for rotating disc  $M_{\rm cl}^{\rm max}$ . This scale mass has values  $\gtrsim 10^8 \, {\rm M}_{\odot}$  for all our runs. We divided the mass range in the bins  $(5 \times 10^5, 10^6, 5 \times 10^6, 10^7, 5 \times 10^7, 10^8) \, {\rm M}_{\odot}$ . Our simulations form clumps in the range  $M_{\rm clump} \sim {\rm few} \, 10^5$  to few  $10^7 \, {\rm M}_{\odot}$ . The NoSNe simulation reaches the higher mass clump with  $M_{\rm clump} \approx 8 \times 10^7 \, {\rm M}_{\odot}$  due to its null feedback. Our SNe runs reached lower maximum clump mass  $M_{\rm clump} \approx 2 \times 10^7 \, {\rm M}_{\odot}$  due to the SNe heating and our SNe0.5 experiment form more massive clumps compared with our SN5.0 run.

In this case, due to the lack of feedback, the most massive objects  $(M_{\rm clump} \approx 8 \times 10^7 \,{\rm M_{\odot}})$  can survive at different redshifts. Such mass is of the order of the expected  $M_{\rm cl}^{\rm max} \gtrsim 10^8 \,{\rm M_{\odot}}$ .

The SNe runs could form objects as big as  $M_{\rm clump} \approx 2 \times 10^7 \,{\rm M_{\odot}}$ . These masses are below the  $M_{\rm cl}^{\rm max} \gtrsim$  few  $10^8 \,{\rm M_{\odot}}$ . The SNe0.5 simulation forms much more massive objects compared with the SNe5.0 run. Due to the extreme feedback of the SNe5.0 experiment, it is not easy for the clump to survive in such a violent environment. This is why the SNe5.0 simulation forms less clumps throughout its evolution.

All the clumps formed in our simulations have sizes in the range of  $\lambda_{\rm clump} \sim {\rm few} \, 10^0 \, {\rm pc}$  to few  $\sim 10^1 \, {\rm pc}$  (note that as this size is associated with all the cells above the threshold  $n_{\rm avg}$ , then it is a minimum size because it could increase if we reduce  $n_{\rm avg}$ ). These sizes are below the unstable length-scale (averaged on the inner  $\sim 1 \, {\rm kpc}$ ) associated with the maximum clump mass:  $\lambda_{\rm clump} < \lambda_{\rm cl}^{\rm max} = 4\pi^2 \, G \Sigma_{\rm gas} / \Omega^2 \sim {\rm few} \, 10^2 \, {\rm pc}$ .

# 3.4 MT on the disc

It is well known that in a cosmological context, the large-scale  $(\gtrsim R_{vir})$  gas cooling flows associated with DM filaments converging on to DM haloes have influence on the small scales  $(\le R_{vir})$  galactic AM (e.g. Powell et al. 2011; Danovich et al. 2015; Prieto et al. 2015). Such an interplay between large and small scales suggests that the mass/AM transport analysis should be performed taking into account both regimes.

### 3.4.1 Stresses on the disc

The MT on the galactic disc can be studied based on the momentum conservation equation. Written in its conservative form, this equation tell us that the local variation of momentum is due to the rate of momentum fluxes:

$$\frac{\partial(\rho v_i)}{\partial t} + \frac{\partial}{\partial x_k} (R_{ik} + P_{ik} - G_{ik}) = 0, \qquad (23)$$

where  $\rho$  is the gas density,  $x_i$  are the Cartesian coordinates and  $v_i$  are the Cartesian components of the gas velocity. All the terms inside the divergence are related with the rates of momentum flux and they can be written as follows

$$R_{ik} = \rho v_i v_k \tag{24}$$

is the term associated with the Reynolds (or hydrodynamic) stress. It is the momentum flux term associated with the total fluid movement. Instead of being a momentum flux source, it quantifies the transported momentum due to the addition of different phenomena on the disc, namely gravitational stresses, magnetic stresses, viscous stresses or pressure stresses.

$$P_{ik} = \delta_{ik} P. \tag{25}$$

This is the pressure term, where  $\delta_{ik}$  is the Kronecker delta symbol, *P* is the gas pressure and its gradient will be a source of torque as we will show in the following lines.

$$G_{ik} = \frac{1}{4\pi G} \left[ \frac{\partial \phi}{\partial x_i} \frac{\partial \phi}{\partial x_k} - \frac{1}{2} (\nabla \phi)^2 \delta_{ik} \right], \tag{26}$$

with  $\phi$  the gravitational potential and *G* Newton's constant. *G<sub>ik</sub>* is the term associated with the gravitational stress and it is related with the movements of the fluid due to the gravitational acceleration. This term also will be a source of torques acting on the fluid as we will show later.

Because we are not including magnetic fields, we have neglected the term associated with it. Furthermore, the dissipative-viscous term is negligible in this context and will not be taken into account in the following discussion (e.g. Balbus 2003).

In the disc MT context, it is useful to quantify the momentum transport in the  $\hat{r}$  direction due to processes in the  $\hat{\theta}$  direction, where  $\hat{r}$  and  $\hat{\theta}$  are the radial and the azimuthal cylindrical coordinates, respectively. If  $F_{r\theta}$  is the rate of momentum flux in the  $\hat{r}$  direction due to the processes in the  $\hat{\theta}$  direction associated with any of the stresses mentioned above, in general, we can write (see Appendix A)

$$F_{t\theta} = \frac{1}{2}(F_{yy} - F_{xx})\sin 2\theta + F_{xy}\cos 2\theta.$$
<sup>(27)</sup>

After some algebra, it is possible to write the momentum fluxes for each of our sources as follows (e.g. Balbus 2003; Fromang et al. 2004, and references therein)

$$R_{\rm r\theta} = \rho v_{\rm r} v_{\theta}, \tag{28}$$

$$P_{\mathrm{r}\theta} = 0$$
 and (29)

$$G_{\mathbf{r}\theta} = \frac{1}{4\pi G} \nabla_{\mathbf{r}} \phi \nabla_{\theta} \phi, \qquad (30)$$

It is worth noticing that in the case of  $\theta$  symmetry the gravitational term vanishes. In other words, any density perturbation in the  $\hat{\theta}$  direction, e.g. an asymmetric density distribution of gas clumps in the disc, will cause a momentum flux in the  $\hat{r}$  direction. This will be the term associated to the VDI as we will show later.

The terms associated to the Reynolds and the gravitational stress as defined in the above expressions are averaged in space in order to quantify the radial momentum flux associated to perturbations in the azimuthal direction (Hawley 2000). The Reynolds and the gravitational stress are defined as follows<sup>7</sup>

$$\langle R_{\rm r\theta} \rangle = \langle \rho v_{\rm r} \delta v_{\theta} \rangle,$$
 (31)

$$\langle G_{\mathbf{r}\theta} \rangle = \frac{1}{4\pi G} \langle \nabla_{\mathbf{r}} \phi \nabla_{\theta} \phi \rangle, \tag{32}$$

where  $\delta v_{\theta} \equiv v_{\theta} - \langle v_{\theta} \rangle$ ,  $\langle v_{\theta} \rangle$  the average circular velocity of the fluid and the averages are computed as

$$\langle f(r, z, \theta) \rangle = \frac{\int \int r d\theta dz f(r, z, \theta) \rho}{\int \int r d\theta dz \rho}.$$
(33)

In this context, it is useful to define an  $\alpha$  parameter for each of our stresses. For a given rate of momentum flux, following Gammie (2001), we define

$$\alpha_{\mathrm{r}\theta} = \alpha_{\mathrm{R},\mathrm{r}\theta} + \alpha_{\mathrm{G},\mathrm{r}\theta} = \left\langle \frac{R_{\mathrm{r}\theta} + G_{\mathrm{r}\theta}}{P} \right\rangle. \tag{34}$$

Each  $\alpha$  parameter is interpreted as the rate of momentum flux associated with a given process normalized by the gas pressure. Because the gas pressure is  $P \sim (\rho c_s) \times c_s$ , it can be interpreted as a 'thermal momentum' advected at the sound speed or as a 'thermal rate of momentum flux'. In this sense, an  $\alpha \gtrsim 1$  is a sign of supersonic movements in the fluid. This parameter is  $\alpha \approx 0.02$  for ionized and magnetized discs (Nelsen & Papaloizou 2003; Fromang et al. 2004) and observations of proto-stellar accretion discs (Hartmann et al. 1998) and optical variability of AGN (Starling et al. 2004) give an alpha parameter  $\sim 0.01$ . Due to the turbulent (i.e. high Mach number, see Appendix C) nature of the environments studied here, the alphas will typically be higher than 1. In fact,  $\alpha_R \lesssim M^2$  with *M* the gas Mach number.

Fig. 11 shows the radial values of  $\alpha_{R, r\theta}$  in the top row and  $\alpha_{G, r\theta}$  in the bottom row for our three simulations in different columns.

The first thing that we should notice from this figure is that the Reynolds  $\alpha$  parameters are not constant neither in time nor in space and furthermore, they reach values well above unity. In other words, our high-redshift galactic discs are not in a steady state. Such a dynamical condition does not allow use of the Shakura & Sunyaev (1973) mass accretion rate expression as a function of the computed  $\alpha$  parameter. (See Appendix B for a more detailed discussion.) Instead of that, we must compute a mass accretion rate directly from our data.

From Fig. 11, it is clear that the Reynolds stress tends to be much larger than the gravitational stress and then it dominates the MT process in most of the cases (note that both top and bottom panels are not in the same  $\alpha$  range). In other words, the rate of momentum flux associated with the gravitational potential gradients is lower than the rate of momentum flux associated with local turbulent motions of the gas in most of the cases. Such high values of  $\alpha_R$  are associated to high-velocity dispersions which can be an order of magnitude above the sound speed. We note that our two SNe runs have lower  $\alpha_R$  due to the higher sound speed in their environment.

Here we emphasize that the Reynolds tensor is not a source of momentum flux, in the sense that if we start the disc evolution from a spherical circular rotation state, i.e. without a radial velocity component, with null viscosity and one small gravitational potential perturbation in the  $\hat{\theta}$  direction, the variation in momentum will be associated with the gravitational stress and the

<sup>&</sup>lt;sup>7</sup> An alternative definition of the Reynolds stress from Hawley (2000) is presented in Appendix E with similar results.



**Figure 11.** The  $\alpha_{r\theta}$  parameters in the disc as a function of radius for different redshifts. The grey dashed line marks the  $\alpha = 1$  position. From left to right: NoSNe, SNe0.5 and SNe5.0. The top row shows the hydrodynamic  $\alpha$  and the bottom row the gravitational  $\alpha$ . The  $\alpha_R$  are much larger than one in most of our cases. Due to the high Mach number of the NoSNe run, it shows higher values. Due to the high temperatures reached after SNe explosions, our SNe runs have lower Reynolds alphas. The gravitational  $\alpha$  is much lower than the Reynolds stress. It reaches higher values at the central galactic region for NoSNe and SNe0.5 ( $z \gtrsim 9$ ). The SNe5.0 run shows lower values due to the destruction of dense gas features and higher gas temperatures.

appearance of the Reynolds stress will be a consequence of this process.

It is interesting to note that the  $\alpha_{G,r\theta}$  parameter in our NoSNe and SNe0.5 has a decreasing trend with the galactic radius at some redshifts: the smaller the radius, the larger the gravitational stresses. If we take into account that the accreted material tends to concentrate in the inner part of the galaxy, then it is reasonable that the larger gravitational stresses act at small radii. In the NoSNe run, it is of the order of the pressure at the Galactic Centre at all redshifts, whereas in the SNe0.5 run, it is comparable to the pressure at high *z*. Due to the high feedback, the SNe5.0 run is dominated by the Reynolds stress in all the sampled redshifts.

#### 3.4.2 Torques on the disc

After observing that the Reynolds stress associated with the gas turbulent motions dominates the rate of momentum flux in the disc and that the gravitational  $\alpha$  tends to reach its maximum at the central galactic region, it is relevant for the MT study to analyse the torques acting in the disc associated with forces in the  $\hat{\theta}$  direction. In order to do that, we compute the torques associated with both the gravity and the gas pressure for our systems. We define these two quantities as

$$\vec{\tau}_{\rm G} = \vec{r} \times \nabla \phi, \tag{35}$$

$$\vec{\tau}_{\rm P} = \vec{r} \times \frac{\nabla P}{\rho},\tag{36}$$

which actually are specific torques, i.e. torques per unit gas mass. These two terms will act as a source of AM transport in the galactic disc and will give us some clues about the MT process in high-redshift galactic discs. In order to compute this, we have defined the radial origin to be in the cell where the sink particle is set.



**Figure 12.** Gravitational torque to pressure gradient torque ratio as a function of radius for different redshifts. From top to bottom: NoSNe, SNe0.5 and SNe5.0. The grey dashed line marks the  $\tau_G/\tau_P = 1$  state. The NoSNe run MT tends to be dominated by gravitational torque in the inner galactic region  $r \leq 100$  pc at all redshifts. Beyond that radius, the pressure gradients and gravity work together to re-distribute AM. The SNe0.5 run tends to be dominated by pressure with a central gravity domination at high *z*, inside  $r \leq 10-100$  pc. The pressure gradient domination is more clear in our SNe5.0 due to the extreme SNe feedback.

Fig. 12 show the ratio between  $\tau_{\rm G}$  and  $\tau_{\rm P}$ , with  $\tau_i \equiv |\vec{\tau}_i|$ . The NoSNe run shows a decreasing trend with radius, like in the  $\alpha_{\rm G}$  profile. The pressure gradients tend to dominate above ~100 pc and the gravity force dominates in the innermost region. As already shown in the alpha profiles, in the SNe0.5 run, the gravity dominates the central part of the system at high *z* and at lower redshifts, the pressure torques are the source of MT. And finally, due to the high feedback which is able to create strong shocks and destroy gas clumps, the SNe5.0 simulation tends to be dominated by torques associated with pressure gradients in line with the previous alpha results.

As a complement to our findings, it is useful to take a look at torques at large scales. Fig. 13 shows the ratio of the total torques (not only the  $\hat{z}$  component in the disc)  $\tau_{\rm G}/\tau_{\rm P}$  for our three runs at two different redshifts, at z = 10 in the top row and at z = 6 in the bottom row.

The maps take into account the gas with density above  $50 \times \Omega_b \rho_c$ , where  $\rho_c$  is the critical density of the Universe. Such a cut in density was set by inspection in order to have a clear view of the filaments around the central DM halo.

It is interesting to note that in our three simulations, the border of the filaments is clearly dominated by the pressure torque: material from voids falls on to the filamentary DM structure creating large pressure gradients (Pichon et al. 2011; Danovich et al. 2015). There it loses part of its AM and flows on to the DM halo.

At high redshift, it is possible to see that inside the filaments, the gravitational torque is  $\leq 0.1$  of the pressure torque. The picture changes when we look at the bottom panels, there the shocked filaments have a ratio  $\tau_G/\tau_P \lesssim 10^{-2}$ .

It is possible to find regions with a ratio  $\tau_G/\tau_P > 10^{-2}$  around gas overdensities and near the main central halo. All the gas overdensities, in general, associated with DM haloes at these scales, have a higher gravitational to pressure torque ratio. In particular, at z = 6, we can see that the central galactic region for the NoSNe simulation is dominated by the gravitational torque. This is not the case for both our SNe runs where at low redshift, the pressure



Figure 13. Modulus of the mass-weighted gravitational to pressure gradients torque ratio at z = 10 in the top row and at z = 6 in the bottom row. From left to right: NoSNe, SNe0.5 and SNe5.0. It is interesting that the pressure torque dominates over the gravitational torque in most of the mapped filamentary dense regions. The gravitational torque increases its influence at the central region of filaments and around gas overdensities. Such a fact confirms our previous finding based on the torques ratio radial profiles: gravitational torque increases its influence in the central galactic region. Such a behaviour is not true in our SNe runs where the SNe feedback creates a region dominated by pressure gradients at the Galactic Centre.

torque is dominating the AM re-distribution. Such behaviour confirm the radial profile results of Fig. 12 and the  $\alpha$  parameters of Fig. 11.

At the edge of the galactic disc, the pressure torque associated with the in-falling shocked material tends to dominate AM variations, whereas at the central region, the gravitational potential gradient is the main source of torque in the NoSNe simulation. In the SNe runs, the energy injection spread out the high-density material and there is a more flat potential at the centre of the galaxy implying a non-clear gravity domination there. Such behaviour is more evident in our SNe5.0 run where it is possible to see a dark region in the centre of the system.

Having clarified that the source of pressure gradients are the shocks associated with both the filamentary incoming material from the cosmic web and the SNe explosions, it is interesting to elucidate the origin of the gravitational torque acting mainly in the central region of the galactic disc. In order to do that, it is useful to study the density distribution in the disc. In particular, it is worth computing the Fourier modes associated with the gas mass SD:

$$c_m = \frac{1}{2\pi} \int_{-\pi}^{\pi} \mathrm{d}\theta \int_0^{\infty} \mathrm{d}r e^{im\theta} r \Sigma(r,\theta).$$
(37)

Fig. 14 shows the square of each Fourier mode (from m = 1 to 15) normalized by  $|c_0|^2$  for five different redshifts for our three runs. It is clear from the figure that the m = 1 mode has the highest power in the spectrum for all the shown redshifts. Despite that, it is also possible to see that the difference in power between the first and the second mode is not too much for all the sampled redshifts, i.e.  $|c_2|^2/|c_1|^2 \gtrsim 0.5$ . In this sense, it is not possible to say that the first mode is the only contribution to the SD spectrum because the second mode (and even the third one) is also important. Furthermore, it is worth noticing that the powers with m > 2 are also there and they have values  $\gtrsim 10^{-2}$  below  $m \approx 6$ . It is interesting to compare our result with the one shown in Krumholz, Klein & MaKee (2007)



**Figure 14.** The Fourier modes associated with the mass surface density spectrum on the disc. From top to bottom: NoSNe, SNe0.5 and SNe5.0. Despite of the m = 1 mode has the higher power, the mode m = 2 is also important being a fraction  $\gtrsim 0.5$  of the  $|c_1|^2$  at all redshifts. Furthermore, all the other m > 3 modes have a contribution of roughly similar order between them. In other words, the disc have developed a complex azimuthal structure allowing gravitational torques on the galaxy.

where they found that the source of the torques on a proto-stellar disc is associated with the domination of the m = 1 mode due to the SLING instability (Adams, Ruden & Shu 1989; Shu et al. 1990). In their case, the first power is at least one order of magnitude higher than the m = 2 mode with an increasing domination of m = 1 mode with time. They argue that the m = 1 spiral mode produces global torques which are able to efficiently transport AM. In our case, the global perturbation will be associated with a more complex disc structure. The reason for this difference will be clear after looking at the surface gas density projections.



**Figure 15.** Gas surface density projections for our runs at different *z*. From left to right: NoSNe, SNe0.5 and SNe5.0. The evolution of the density maps show that the galaxy develops a complex spiral clumpy structure supporting the existence of high *m* powers in the Fourier analysis of Fig. 14. Due to SNe explosion, the spiral shape of the object appears only at  $z \leq 8$  in the SNe0.5 run. Below this redshift, the galaxy is successively destroyed by SNes and re-built by gravity. In our SNe5.0 run, it is almost impossible to see a spiral shape due to the extreme feedback.

Fig. 15 reflects the fact that the power spectrum of the gas SD shows power for different modes *m*. There we can see a complex spiral-clumpy structure defining the galactic disc. Such density field features create an inhomogeneous gravitational potential field which will exert torques on the surrounding media. In particular, the clumps formed on the disc by gravitational instabilities interact between themselves migrating to the central galactic region: the VDI acts on these high-redshift clumpy galactic discs (Bournaud et al. 2007).

It is worth noticing that due to the SNe energy injection in the SNe runs, the disc takes a longer time to appear comparable to the NoSne experiment. Whereas the NoSne simulation develops a disc that is progressively disturbed in time by no more than mergers, the SNe runs show a disturbed clumpy environment characteristic of turbulent gas where the SNe explosions disrupt the galaxy with a strong effect on the central BH accretion rate as we will see in the next sub-section. Furthermore, due to the metal release in the SNe runs, the gas can cool more efficiently than in the NoSNe simulation.



**Figure 16.** Mass accretion rate radial profiles for our three runs. The vertical lines mark  $0.1R_{vir}$  at each redshift. In all simulations, the accretion rate has huge fluctuations between  $\sim \text{few } 10^{-2}$  and  $\sim \text{few } 10^1 \text{ M}_{\odot} \text{ yr}^{-1}$ , another proof of the highly dynamic nature of the system. The SNe runs show a less continuous accretion with lower values. In particular, our SNe simulations have a  $\sim \text{few } 1 \text{ M}_{\odot} \text{ yr}^{-1}$  at the end of the simulation.

Such an important difference allows the gas to form more selfgravitating overdensities and produce the clumpy galaxies shown at redshift  $z \lesssim 8$  in the second and third columns of Fig. 15.

#### 3.4.3 Mass accretion and BH growth

High-redshift galaxies are far from isolated systems. In fact, as has been shown above, they are very dynamic, in the sense that they are being built up in environments disturbed by filamentary accretion from the cosmic web, mergers and SNe explosions which affect the transport of AM. In the context of BH evolution at high redshift, it is relevant to study and quantify the mass accretion rate in the galactic disc due to the processes described in the previous sub-section, and more relevant yet is the quantification of the mass accretion rate on to the central BH and the relation of its mass accretion with the large-scale filamentary inflows.

Fig. 16 shows the radial gas mass accretion rate on the disc as a function of radius inside  $\sim 0.1 R_{vir}$  at different redshifts for our three runs. We defined the mass accretion on the disc as

$$\frac{\mathrm{d}M_{\mathrm{g}}}{\mathrm{d}t} = -2\pi r \,\Sigma_{\mathrm{g}} v_{\mathrm{r}}.\tag{38}$$

The radial coordinate *r* is defined in the disc plane and the gas SD  $\Sigma_g$  and the radial velocity  $v_r$  are cylindrical shell averages in the  $\hat{z}$  direction.

We note that the NoSNe simulation shows continuous lines at almost all redshifts and radii, but our SNe simulations present noncontinuous lines due to gas outflows. Such features are another proof of the highly dynamic environment where the first galactic discs are formed. The mass accretion rate fluctuates roughly between  $\sim 10^{-2}$ and  $\sim 10^2 \, M_{\odot} \, yr^{-1}$  in the range of radius shown in the figure. As mentioned above, such a huge dispersion reflects the fluctuating conditions of the galactic disc environment at high *z*, where due to the continuous gas injection through filamentary accretion, the evolution is far from the secular type we see in low-redshift galaxies.

At z = 6, the NoSNe run has an accretion rate of  $\dot{M}_g \approx 7 \,\mathrm{M_{\odot}} \,\mathrm{yr^{-1}}$ on the disc. This value is higher than the  $\dot{M}_g \approx 4 \,\mathrm{M_{\odot}} \,\mathrm{yr^{-1}}$  in the case of SNe0.5 and  $\dot{M}_g \approx 3 \,\mathrm{M_{\odot}} \,\mathrm{yr^{-1}}$  for the SNe5.0 simulation. This trend can be related to the SNe feedback strength. As we will



**Figure 17.** BH mass accretion rate normalized by the Eddington accretion,  $f_{EDD}$  as a solid black line for the NoSNe run, as a dashed blue line for the SNe0.5 run and as a dot–dashed line for the SNe5.0 run. From the figure, the increasing feedback perturbation on the BH growth is clear. It has an average value of  $\langle f_{EDD} \rangle \approx 0.75$  in the NoSne case and  $\langle f_{EDD} \rangle \approx 0.5$  in our SNe runs throughout the BH evolution.

see below, the SNe feedback will have important effects on the BH growth and on the mass accretion at larger scales also.

Fig. 17 shows the ratio of the BH mass accretion rate to the Eddington mass accretion rate  $f_{\rm EDD} \equiv \dot{M}_{\rm BH}/\dot{M}_{\rm EDD}$ . The NoSNe run BH accretes matter at the Eddington limit until  $z \approx 8$ . At this redshift, the central galactic region undergoes several mergers losing a lot of gas, leaving the BH with almost no material to consume. After this event, the accretion rate fluctuates until the end of the simulation. Our SNe run has an Eddington limited BH accretion rate  $\langle f_{\rm EDD} \rangle \approx 0.75$  throughout its evolution and an  $\langle f_{\rm EDD} \rangle \approx 0.5$  below z = 8.

From Fig. 17, the effect of SNe feedback on the BH growth is clear. SNe feedback perturbs the BH accretion rate from the beginning of its evolution decreasing its value until  $f_{\rm EDD} \lesssim 10^{-4}$ in the SNe0.5 run and reaching even lower values in the SNe5.0 simulation. Such a difference in the BH accretion rate is translated into an  $\langle f_{\rm EDD} \rangle \approx 0.5$  for SNe0.5 throughout its evolution and an  $\langle f_{\rm EDD} \rangle \approx 0.3$  for the SNe5.0 experiment. These values do not change significantly when we average below z = 8. The mass accretion rate on to the BH at the end of the simulations is  $\dot{M}_{\rm BH} \approx 8 \, {\rm M_{\odot} \, yr^{-1}}$ ,  $\dot{M}_{\rm BH} \approx 0.03 \, {\rm M_{\odot} \, yr^{-1}}$  and  $\dot{M}_{\rm BH} \approx 0.003 \, {\rm M_{\odot} \, yr^{-1}}$  for the NoSNe, SNe0.5 and SNe5.0 run, respectively (see Appendix D).

Fig. 18 shows the BH mass evolution as a function of redshift. From this figure, it is possible to see the effect of the different behaviour in the accretion rate, as shown in Fig. 17. Whereas the NoSne sink has an approximately exponential evolution ending with a mass  $M_{\rm BH} = 1.4 \times 10^9 \,\rm M_{\odot}$ , due to the SNe feedback, our SNe runs show episodes of no growth at some redshift. Such a feature is much clearer in our SNe5.0 run (see between z = 14 and 12 or  $z \approx 9$  for example). The final mass in these two runs was  $M_{\rm BH} = 3.6 \times 10^7 \,\rm M_{\odot}$  for SNe0.5 and  $M_{\rm BH} = 1.5 \times 10^6 \,\rm M_{\odot}$  for SNe5.0.

#### 3.5 MT on larger scales

At high redshift, we cannot study the small-scale galactic phenomena without taking into account the effects of the large-scale structure in a cosmological context. Here we study the behaviour



**Figure 18.** BH mass evolution for our three simulations: NoSne (solid black line), SNe0.5 (dashed blue line) and SNe5.0 (dot–dashed cyan line). The NoSNe BH reaches a mass of  $1.4 \times 10^9 \, M_{\odot}$  at the end of the simulation. Such a high mass was reached because most of the time the BH was accreting at the Eddington limit. In the SNe0.5 run, the sink particle reaches a final mass of  $3.6 \times 10^7 \, M_{\odot}$  and our SNe5.0 BH mass reaches  $1.5 \times 10^6 \, M_{\odot}$  due to the extreme feedback.



**Figure 19.** Left-hand column: same as Fig. 16 but for larger radii taking into account material till  $\sim 3R_{vir}$  around the central halo. From top to bottom: NoSNe, SNe0.5 and SNe5.0. Right-hand column: same as left-hand column but for the smooth accretion, i.e. for gas with a density below the collapse density  $\rho_g < 200\Omega_b\rho_c$ . Beyond the virial radius, the total accretion has a floor similar to the smooth accretion. Inside the virial radius, the accretion rate is dominated by dense gas. The SNe explosions have a clear effect on the smooth accretion. At ~kpc scales, the smooth accretion is practically erased due to the SNe heating.

of the mass accretion rate above the  $\sim$ kpc scales, i.e. beyond the galactic disc edge.

Fig. 19 shows the mass accretion rate out to  $\sim 3R_{vir}$ . The mass accretion has been computed taking into account all the mass crossing a spherical shell at a given radius centred at the sink cell position:

$$\frac{\mathrm{d}M_{\mathrm{g}}}{\mathrm{d}t} = -4\pi r^2 \rho v_{\mathrm{r}}.\tag{39}$$

The left-hand column of Fig. 19 shows the total mass accretion rate for our three simulations. In the right-hand column, we have plotted the mass accretion rate associated with gas densities below  $\rho_{coll} = 18\pi^2 \Omega_b \rho_c \approx 200\Omega_b \rho_c$ , with  $\rho_c$  the critical density of the Universe. The vertical lines mark the DM virial radius at each sampled redshift.



**Figure 20.** The misalignment angle between the gas AM and stellar AM (solid blue line), and the gas AM and DM (short-dashed cyan line). From top to bottom: NoSNe, SNe0.5 and SNe5.0. The gas and DM show a fluctuating misalignment angle with a high value at the end of the simulation. Due to the collisional nature of the gas, it decouples from the DM once the pressure torques start to work on it. For the same reason, the SNe simulations have a larger misalignment throughout the simulation.

The right-hand column of the figure can be interpreted as smooth accretion associated with non-collapsed objects. The NoSNe panel shows a smooth decreasing behaviour almost independent of redshift above  $\sim 2 \,\text{kpc}$ . The smooth mass accretion rate presents roughly constant values above the virial radius, with accretion rates of the order of  ${\sim}10^1\,M_{\odot}\,yr^{-1}.$  Such a value is consistent with the one found by e.g. Dekel, Sari & Ceverino (2009) and Kimm et al. (2015) for a  $\sim 10^{10} \, M_{\odot}$  halo at high redshift (see also Neistein, van den Bosch & Dekel 2006). On the other hand, the SNe run panels have a more irregular decreasing behaviour with a notable dependence on redshift due to SNe explosions. In these runs, the SNe feedback is able to heat up the gas and create hot low-density gas outflows almost depleting the system of low-density gas. In particular, for a number of redshifts, it is possible to see that the smooth accretion is practically erased at radii  $\leq R_{vir}$ , a clear signal of low-density gas evaporation. In other words, due to SNe explosions, only the dense gas is able to flow into the inner  $\leq 1$  kpc region of the galaxy.

#### 3.6 Gas-stars-DM spin alignment

As a complementary analysis, it is interesting to study the alignment between the AM of the different components of the system, namely DM, gas and stars. Fig. 20 shows the alignment between the AM of the different components of our systems. The misalignment angle between the gas AM  $l_{\text{Gas}}$  and the component *i* of the system  $l_i$  was computed as

$$\cos(\theta_{\text{Gas}-i}) = \frac{\boldsymbol{l}_{\text{Gas}} \cdot \boldsymbol{l}_i}{|\boldsymbol{l}_{\text{Gas}}||\boldsymbol{l}_i|}$$
(40)

The rotational centre to compute the gas, DM and stars AM was set at the sink position,  $r_{sink}$ . This point coincides with the gravitational potential minimum cell within ~50 pc around the sink particle.

We computed the AM of the different components i as

$$\boldsymbol{l}_{i} = \sum_{j} \Delta m_{i,j} (\boldsymbol{r}_{i,j} - \boldsymbol{r}_{c}) \times (\boldsymbol{v}_{i,j} - \boldsymbol{v}_{c}), \qquad (41)$$

where the sum is calculated inside  $0.1R_{vir}$  for each component.<sup>8</sup>  $r_c$  is the centre of the cell where the sink particle is located,  $v_c$  is the average gas velocity of all cells inside a radius of  $5\Delta x$  around the sink position and  $\Delta m_i$  is the mass of our different quantities: i = gas, stars and DM.

From the figure, we can see that the gas and the DM spins are far from aligned. The misalignment angle between them fluctuates from a parallel alignment  $\theta_{\text{Gas}-\text{DM}} \lesssim 10^{\circ}$  to an almost antiparallel configuration  $\theta_{\text{Gas}-\text{DM}} \approx 120^{\circ}$  in our NoSNe experiment. In our SNe runs, the fluctuations are more dramatic due to SNe explosions. Such a non-correlation between the AM vector of these two components has been studied before in, e.g. Prieto et al. (2015). In their work, the authors noticed that after the cosmological turn around the gas can decouple from the DM due to its collisional nature: while the DM can feel only the gravity, the gas can also feel the gas pressure gradients. Such pressure gradients are responsible for an extra torque on the baryonic component and its AM vector deviates from the DM AM orientation. As already shown in Fig. 12. the pressure gradients are not negligible inside the virial radius of our haloes. Such torques are able to change the orientation of the gas AM and then create a misalignment between gas and DM AM vectors.

The alignment between gas and stars has a different behaviour in our runs. For the NoSNe case, it is possible to see that at high redshift, between  $z \approx 15$  and 13, the stars and the gas had a very different spin orientation. This is because at this stage the galaxy is starting to be built by non-spherical accretion and mergers, conditions which do not ensure an aligned configuration. After  $z \approx 13$ , the gas and stars reach a rather similar spin orientation with a misalignment angle fluctuating around the value of  $\theta_{\text{Gas} - \text{Stars}} \sim 20^{\circ}$ . There, the proto-galaxy cannot be perturbed easily by minor mergers and acquires a defined spiral shape allowing the gas–star alignment. Such an alignment is perturbed at redshift  $z \approx 10$ . At this redshift, the main DM halo suffers a number of minor mergers which can explain the spin angle perturbation. After that, the gas and stars again reach an aligned configuration which will be perturbed by mergers again at lower redshifts.

The SNe runs show a much more perturbed gas-stars AM evolution. In this case, as well as the merger perturbations, the systems also feel the SNe explosions which continuously inject energy. The strong shocks associated with this phenomenon are able to decouple the gas AM from the stellar AM as we can see from the blue solid line. Such perturbations are more common in our SNe5.0 run compared with our SNe0.5 run due to the stronger feedback as we can see from Fig. 15 where the SNe5.0 simulation shows a number of clumps instead of a defined spiral shape.

#### **4 DISCUSSION AND CONCLUSIONS**

By using cosmological hydrodynamic zoom-in simulations, we have studied the MT process from  $\sim$ few 10 kpc to  $\sim$ few 1 pc scales on a DM halo of  $M \approx 3 \times 10^{10} \,\mathrm{M_{\odot}}$  at redshift z = 6. We have studied the evolution of the system without SNe feedback (NoSNe run) with the delayed cooling model for SNe feedback (SNe0.5 run) and with an extreme case of delayed cooling SNe feedback (SNe5.0 run).

We found that the SNe0.5 run is the best match with the D10 starburst galaxy sequence. It covers about two decades in SD with

<sup>&</sup>lt;sup>8</sup> We have not made any distinction regarding the cell gas temperature or between disc and bulge stars.

the lowest scatter among our simulations. When we look at the stellar mass of the systems, our SNe5.0 run shows a stellar mass close to the expected value from B13,  $M_{\star}/f_bM_{\rm vir} \sim 10^{-2}$ . Looking at this quantity, our SNe0.5 run is still in the order of magnitude compared with B13 for a  $\sim 10^{10} \,\mathrm{M_{\odot}}$  DM halo at high redshift. Such an offset can be related to the 'bursty' nature of high-redshift galaxies. In terms of the SFR, due to the extreme feedback, our SN5.0 run has the lowest values with an SFR  $\sim 1 \,\mathrm{M_{\odot}} \,\mathrm{yr^{-1}}$  at  $z \lesssim 8$ . At the same *z* range, our SNe0.5 run has an SFR  $\sim 10 \,\mathrm{M_{\odot}} \,\mathrm{yr^{-1}}$  in agreement with results from the W15 high *z* galaxies. Despite this, both SNe runs present low ( $\lesssim 10^{-1}$ ) episodic SFR values due to the SNe heating.

Our SNe experiments show lower gas fractions among our three simulations. They have values  $f_g \leq 0.85$  below z = 8. If we look at the gas fraction below z = 7, our SNe0.5 run has the lowest value with  $f_g \leq 0.8$  which is just within the upper limit for the SFR of the z = 7.5 galaxy found by W15.

Following Gammie (2001), we have computed the  $\alpha$  parameters associated with both the Reynolds and the gravitational stresses. In other words, we have computed both the Reynolds and the gravitational rate of momentum fluxes on the disc normalized by the gas pressure. Gammie (2001) showed that the  $\alpha$  parameters associated to radial MT are of the order of  $\alpha \sim 10^{-2}$ , reasonable values for a subsonic stationary accretion disc. In our case, the  $\alpha$  parameters reach values above unity, meaning that the rate of momentum flux has values higher than the gas pressure  $P = c_s \times (\rho c_s)$ . Such high values are characteristic of a turbulent supersonic environment associated with dynamical systems like the ones in our simulations. The highly non-stationary gas behaviour is confirmed also by the highly fluctuating values of  $\alpha$  at all redshift.

We found that the Reynolds stress dominates over the gravitational one in most of the analysed redshifts. Here it is worth noting that the Reynolds stress tensor is a measurement of the turbulent motions in the gas. In these systems, the gas falls from large scales, channeled by filaments almost freely on to the DM halo central region, gaining supersonic velocities. Through the virialization process, strong shocks are created developing a turbulent environment which is enhanced due to SNe explosions. Under such conditions, the rate of momentum flux associated with this term normalized by the gas pressure will be much higher than 1 if the rms gas velocity in the  $\hat{r}$  and  $\hat{\theta}$  directions are supersonic.

We emphasize that the Reynolds stress is not a source of MT but it is a measurement of the local rate of momentum transport triggered by other processes, namely pressure gradients, gravitational forces, magnetic fields or viscosity. In this sense, its high value simply tells us that throughout galaxy evolution, there exist processes capable of transporting mass from large scales to small scales very efficiently. In fact, in our systems, gravity triggers the mass flows through the DM filamentary structure around the central halo and then a combined effect of gravity and pressure gradients allows the MT in the disc. The Reynolds term tends to be higher for our NoSNe run where Mach numbers are higher due to the null SNe heating.

The gravitational  $\alpha$  parameter has a different behaviour in our three experiments. The NoSNe run shows a clear decreasing trend in radius until  $r \sim 100$  pc for all sampled redshifts. Beyond that,  $\alpha_{\rm G}$  fluctuates between values lower than 1. It reaches values  $\sim 1$  at the central region. Such a behaviour is telling us that the gravitational term is more important at the central galactic region where matter is more concentrated.

Our SNe0.5 run has a peak above unity in the central region at high redshift decreasing until  $r \sim 100 \text{ pc.}$  Beyond that radius, it has

a similar behaviour compared with our NoSNe simulation. Below redshift  $z \sim 8$ , the gravitational alpha parameter reduces its value to around  $\sim 10^{-3}$  with a lot of dispersion but always below  $\sim 10^{-1}$ . In this case, the SNe feedback is able to deplete the central galactic region of gas after  $z \sim 8$  reducing the stresses associated with the gravitational gradients.

The SNe5.0 simulation has no peak at the Galactic Centre. It seems to have the lowest values at the central regions. Due to the extreme feedback adopted in this simulation, it is much more difficult for gas to create dense structure producing important gravitational forces. Furthermore, in this case, the gas maintains higher temperatures implying higher pressures counteracting the gravitational effect.

The torques acting in the disc show the sources of AM variations triggering the MT process in these galaxies. In our systems, the sources of torques are the pressure gradient due to the shocks created through the virialization process and SNe explosions, and the gravitational forces associated with gas inhomogeneities.

As in the  $\alpha_G$  analysis when we compute the gravitational to pressure gradient ratio, our NoSNe run shows a decreasing trend in radius. Gravity dominates over pressure and has a maximum at the central galactic regions reaching values ~1 at radius ~100 pc. Beyond this radius, the pressure gradients tend to dominate the AM re-distribution. Without SNe feedback, the pressure domination at large radius is associated with shocks created by the large-scale infalling material to the central region of the host DM halo. Despite the domination of the pressure gradients in the outer regions, the system shows a number of regions where gravity acts showing a mixed contribution for the MT process.

In our SNe runs, the domination of gravity at the central regions is not as clear as in the NoSNe run. In the SNe0.5 simulation, the gravitational gradients dominate above  $z \sim 9$  inside  $r \leq 100$  pc. At lower redshifts, the pressure gradients clearly dominate the torques at the inner ~100 pc. Beyond that radius, again it is possible to see a mixed torque contribution to the MT. A similar scenario is shown in our SNe5.0 simulation. In this case, the gravity can dominate the very central regions ( $r \leq \text{few } 10 \text{ pc}$ ) at high redshift and the pressure gradients have a more clear domination at larger radii, but there is still a mixed contribution to the AM re-distribution.

When we look at the large scales related with the filamentary structure around the central DM halo, it is possible to see that pressure torques dominate over gravitational torque in filaments. The central region of the filaments show an enhanced gravitational contribution, but it is not enough to be dominant. These results are consistent with the picture in which the material filling the voids falls on to the filamentary overdensities where it is channelled to the central DM halo region (Pichon et al. 2011; Danovich et al. 2015) by gravity. Once the gas reaches the filaments, it feels the pressure gradient on the edge of the filaments and it loses part of its AM. Then gravity acts and transport the mass almost radially inside the cold filaments to the central region of the DM halo. Such a process allows the gas to reach the galactic edge almost at free-fall. There the gas pressure acts reducing its initially high radial velocity and at the same time exerting torques allowing the MT. Throughout this process, the gravitational torques also work in the galactic gas helping the MT process in the disc.

A Fourier analysis of the disc gas SD field for our runs shows that the density power spectrum has a number of excited modes. Despite the m = 1 and 2 modes dominating the power spectrum, the other modes do exist and have roughly comparable values between them. Such features tell us that the gas SD develops a complex structure throughout its evolution. The information given by the Fourier analysis is confirmed by visual inspection. The galactic discs develop spiral arms and gas clumps which interact between them by gravity. The gas clumps are formed from the cold gas flowing from the cosmic web on to the central DM halo region. The high gas fraction (which is  $f_{\rm g}\gtrsim 60$  per cent) and cold environment is a perfect place to produce a clumpy galactic disc. The interaction between gas clumps, spiral arms and merged DM haloes exert gravitational torques which are capable of transporting mass on to the Galactic Centre in times comparable to the dynamical time of the system: this is the so-called VDI (Bournaud et al. 2007; Mandelker et al. 2014).

Due to the process described above, i.e. large-scale gravitational collapse inducing filamentary accretion on to the DM central region and both gravitational and pressure torques acting in the galaxy, the mass can flow through the galactic disc and reach the Galactic Centre. The radial mass accretion rate inside  $\sim 0.1 R_{\rm vir}$  has huge fluctuations with values in the range  $\sim (10^{-2}-10^1) \, \text{M}_{\odot} \, \text{yr}^{-1}$  for our SNe runs, a clear proof of a non-stationary and highly dynamic environment.

The high mass accretion rate in the high-gas fraction disc allows the central BH to grow at the Eddington limit most of the time for the NoSNe run, whereas in the SNe runs, it is clearly affected by the SNe explosions showing an intermittent Eddington-limited accretion rate. Despite this, it can increase its mass substantially throughout the simulation. The violent events, namely mergers (which can also trigger mass accretion torquing the gas in the disc) and SNe explosions are not enough to stop the BH growth. The  $10^4 \text{ M}_{\odot}$  BH seed can evolve until  $M_{\rm BH} = 1.4 \times 10^9 \text{ M}_{\odot}$  in our NoSNe experiment,  $M_{\rm BH} = 3.6 \times 10^7 \text{ M}_{\odot}$  in our SNe0.5 and  $M_{\rm BH} = 1.5 \times 10^6 \text{ M}_{\odot}$  in our SNe5.0.

When we look at the MT beyond the virial radius, we find that the large-scale  $r \gtrsim R_{\rm vir}$  mass accretion rate has a floor of the order  $\lesssim 10^1 \, M_{\odot} \, yr^{-1}$  with peaks associated with gas inside DM haloes of  $\sim \text{few } 10^1 \,\text{M}_{\odot} \,\text{yr}^{-1}$  in all our runs (consistent with Dekel et al. 2009; Kimm et al. 2015). Inside the virial radius, the smooth accretion decreases monotonically reaching values  $\sim 10^{-1}$ - $10^{-2} \,\mathrm{M_{\odot}} \,\mathrm{yr^{-1}}$  in the galactic outer regions, i.e.  $r \sim 0.1 R_{\mathrm{vir}}$ . These values change dramatically when we look at our feedback simulations. In these cases, the SNe feedback practically depletes the galactic central region of low-density gas. Due to the strong feedback effect, only dense gas is able to reach the outer regions of the central galaxy. The mass accretion rate associated with dense gas is of the order of  $\sim 10^{0}$ – $10^{1}$  M $_{\odot}$  yr<sup>-1</sup> in our NoSNe systems and it is almost devoid of discontinuities. On the other hand, despite the SNe runs reaching similar accretion rates in the disc, they do have discontinuities, i.e regions of zero accretion rate, affecting the amount of gas reaching the outer galactic region.

At the end of the simulation, our NoSNe run shows an accretion rate  $\dot{M}_{\rm BH} \approx 8 \, {\rm M}_{\odot} \, {\rm yr}^{-1}$  which is similar to the total mass accretion in the disc. Contrarily, our SNe0.5 run ends with  $\dot{M}_{\rm BH} \approx 3 \times 10^{-2} \, {\rm M}_{\odot} \, {\rm yr}^{-1}$  and our SNe5.0 run reaches  $\dot{M}_{\rm BH} \approx 3 \times 10^{-3} \, {\rm M}_{\odot} \, {\rm yr}^{-1}$  at the end of the experiment showing how important are the SNe explosions to the BH accretion rate.

The gas AM vector orientation fluctuates a lot with respect to the DM spin vector throughout the system evolution. The gas and DM start their evolution with spin vectors roughly aligned but once the pressure gradients increase due to virialization shocks, mergers (e.g. Prieto et al. 2015) and SNe explosions they decouple reaching an almost antiparallel orientation at some stages. The alignment between these two components is more clear in our NoSNe run where the angle between them is  $\theta \lesssim 60^{\circ}$  below  $z \approx 13$ . The picture changes when we look at our SNe simulations, there the effect of SN feedback is capable of changing the alignment from  $\sim 0^{\circ}$  to  $\gtrsim 100^{\circ}$  in  $\sim$ few 10 Myr. Such an effect is stronger in our SNe5.0 where the big angle fluctuations are present throughout the entire system evolution.

The inclusion of AGN feedback in our simulations certainly could change both the galaxy and the BH evolution. The strong energy release in the gas can increase the gas temperature and may suppress the star formation changing SFR properties of those objects. Furthermore, due to the outflows associated with BH feedback, the gas may not reach the central galactic region as easily as in the simulations presented here. A more detailed study of MT on highredshift galaxies with AGN feedback is left for a future study in preparation.

To summarize: in a cosmological context, galaxies are formed inside knots of the cosmic web surrounded by filaments. The gas flows from voids to the DM filaments from all directions. There the gas piles up in the filamentary structure and its pressure gradient cancels part of its AM. The pressure torques dominate the filamentary structure, whereas the gravitational torques have a non-dominant enhancement at the centre of filaments. Part of the material inside the filaments formed by dense cold gas, flows into the DM central halo in almost free-fall due to the host DM halo gravitational attraction. The transported cold gas reaches the DM halo with a high radial component of the velocity producing strong pressure gradients at the edge of the galactic disc. The constant inflowing of cold gas creates a high gas fraction and cold environment at the inner  $\sim 0.1 R_{\rm vir}$ . Such conditions promote a low Toomre parameter in the disc and so it becomes gravitationally unstable, forming very efficiently gas clumps of masses in the range  $\sim 10^{5-8} \, M_{\odot}$  which interact between them, with the galactic spiral arms and with merged DM haloes. Such a clumpy environment produces regions in the disc dominated by gravity torques, in other words, the gravitational torque due to the VDI acts as a source of MT in high-redshift galaxies. The other, dominant source of torques in our system is the pressure gradients. It is produced by SNe explosions and virialization shocks complementing the gravitational MT effect on this z = 6galaxy. The mass accretion rate in the disc triggered by pressure gradients and gravity can reach peaks of  $\sim \text{few } 10^1 \,\text{M}_{\odot} \,\text{yr}^{-1}$  and average values of  $\sim$  few 10<sup>0</sup> M<sub> $\odot$ </sub> yr<sup>-1</sup> allowing an efficient BH mass growth.

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# APPENDIX A

In order to compute the momentum flux in the  $\hat{r}$  direction due to processes in the  $\hat{\theta}$  direction, we projected the tensor  $F_{ik}$  in the  $\hat{\theta}$  and then in  $\hat{r}$  direction:

$$F_{r\theta} = F_{ik}(\hat{x}^i \cdot \hat{\theta})(\hat{x}^k \cdot \hat{r})$$
(A1)

$$F_{\mathrm{r}\theta} = \left[F_{xk}(\hat{x}\cdot\hat{\theta}) + F_{yk}(\hat{y}\cdot\hat{\theta})\right](\hat{x}^k\cdot\hat{r}) \tag{A2}$$

$$F_{r\theta} = [F_{xx}(\hat{x} \cdot \hat{\theta})(\hat{x} \cdot \hat{r}) + F_{xy}(\hat{x} \cdot \hat{\theta})(\hat{y} \cdot \hat{r}) + F_{yx}(\hat{y} \cdot \hat{\theta})(\hat{x} \cdot \hat{r}) + F_{yy}(\hat{y} \cdot \hat{\theta})(\hat{y} \cdot \hat{r})]$$
(A3)

$$F_{r\theta} = [-F_{xx}\sin\theta\cos\theta - F_{xy}\sin\theta\sin\theta + F_{yx}\cos\theta\cos\theta + F_{yy}\cos\theta\sin\theta]$$
(A4)

$$F_{r\theta} = \frac{1}{2}(F_{yy} - F_{xx})\sin 2\theta + F_{xy}\cos 2\theta, \qquad (A5)$$

We can do a similar exercise in order to compute the flux of  $\hat{z}$  AM in the  $\hat{r}$  direction due to stresses in the  $\hat{\theta}$  direction,  $L_{rz}$ . In this case, we project in the  $\hat{r}$  direction the  $\hat{z}$  component of the AM associated with the stresses in the  $\hat{\theta}$  direction:

$$L_{rz} = \epsilon_{jmi} x_m F_{ik}(\hat{x}^j \cdot \hat{z})(\hat{x}^k \cdot \hat{r})$$
(A6)

$$L_{rz} = \epsilon_{zmi} x_m F_{ik} (\hat{x}^k \cdot \hat{r})$$
(A7)

$$L_{rz} = [\epsilon_{zmi} x_m F_{ix}(\hat{x} \cdot \hat{r}) + \epsilon_{zmi} x_m F_{iy}(\hat{y} \cdot \hat{r})]$$
(A8)

$$L_{rz} = [\epsilon_{zyx} y F_{xx}(\hat{x} \cdot \hat{r}) + \epsilon_{zxy} x F_{yx}(\hat{x} \cdot \hat{r}) \epsilon_{zyx} y F_{xy}(\hat{y} \cdot \hat{r}) + \epsilon_{zxy} x F_{yy}(\hat{y} \cdot \hat{r})]$$
(A9)

$$L_{rz} = [-yF_{xx} + xF_{yx}](\hat{x} \cdot \hat{r}) + [-yF_{xy} + xF_{yy}](\hat{y} \cdot \hat{r})$$
(A10)

$$L_{rz} = (xF_{yx} - yF_{xx})\cos\theta + (xF_{yy} - yF_{xy})\sin\theta.$$
(A11)

# APPENDIX B

Shakura & Sunyaev (1973) studied the MT process in a viscous disc. In such a model, the MT is due to the effect of local viscous stresses. This process can be quantified by a rate of momentum flux term. This term can be written as a function of the viscosity  $\nu$  and the velocity shear as follows

$$S_{ik} = \rho \nu \left( \frac{\partial v_i}{\partial x_k} + \frac{\partial v_k}{\partial x_i} - \frac{2}{3} \delta_{ik} \nabla \cdot \boldsymbol{v} \right), \tag{B1}$$

Assuming the strong constraint of a steady state for the momentum evolution, i.e.  $\partial(\rho v_i)/\partial t = 0$ , we obtain

$$\frac{\partial}{\partial x_k}(R_{ik} - S_{ik}) = 0.$$
(B2)

In order to compute the MT in such a steady state, i.e. when the term inside the partial derivative is equal to a constant C, we can write the above equation as

$$R_{\rm r\theta} = S_{\rm r\theta} + C = \frac{3}{2}\alpha\rho c_{\rm s}^2 + C \tag{B3}$$

where we have parametrized the viscous tensor as a function of the  $\alpha$  parameter. From this expression, it is possible to compute an accretion rate assuming that the viscous term vanishes at the inner edge of the disc,  $R_0$  (which in general will be much shorter than our limit of resolution). After a *z* integration, assuming that the disc is rotating with a Keplerian velocity and using the expression for  $S_{r\theta}$ 

$$S_{\mathrm{r}\theta} = \rho \nu \{ [(\hat{r} \cdot \nabla) \boldsymbol{v}] \cdot \hat{\theta} + [(\hat{\theta} \cdot \nabla) \boldsymbol{v}] \cdot \hat{r} \}$$
(B4)

we obtain

$$\Sigma v_{\rm r} v_{\theta} = \Sigma v \Omega + C. \tag{B5}$$

Denoting the disc angular velocity at the inner edge of the disc as  $\Omega_0 = (GM/R_0)^{1/2}$  with *M*, the mass of the central massive object we have

$$\Sigma v_{\rm r} R_0 \Omega_0 = C, \tag{B6}$$

and

$$\Sigma v_{\rm r} r - \Sigma v_{\rm r} R_0^{1/2} r^{1/2} = \Sigma v \tag{B7}$$



**Figure B1.** From left to right: NoSNe, SNe0.5 and SNe5.0. In the top row, the ratio of the orbital to radial time as a function of radius for different redshifts. In the central row, the radius to pressure height scale ratio. In the bottom row, the  $\alpha_{r\theta}$  parameter associated with the computed mass accretion rate in the simulations. From the top panel, we can deduce that the system has a non-stationary state with short radial times. The final  $\alpha$  parameter can reach high values reflecting the non-stationary turbulent state of the system.

$$\Sigma v_{\rm r} r \left[ 1 - \left(\frac{R_0}{r}\right)^{1/2} \right] = \Sigma v \tag{B8}$$

$$\dot{M}\left[1-\left(\frac{R_0}{r}\right)^{1/2}\right] = 2\pi\Sigma\nu.$$
(B9)

As mentioned above, in our case  $R_0 << r$  and so the mass accretion rate can be approximated by

$$\dot{M} \approx 2\pi\Sigma\nu.$$
 (B10)

From the above equation and using the definition of the mass accretion rate, it is possible to write  $v = rv_r$  for this viscous MT model.

Assuming that the disc is supported by the gas pressure in the vertical direction and writing the viscosity as  $v = 3\alpha L_{c_s} c_s/2$ , with  $L_{c_s} = rc_s/v_{\theta}$ , we have:

$$\dot{M} = \frac{3\pi r \Sigma \alpha c_s^2}{v_{\theta}}$$
$$\dot{M} = \frac{3\pi \Sigma \alpha c_s^2}{\Omega}.$$
(B11)

Rearranging equation (B11), it is possible to compute an  $\alpha$  parameter as a function of the mass accretion rate in this viscous model as (see Fig. B1):

$$\alpha = \frac{\dot{M}\Omega}{3\pi\Sigma c_{\rm s}^2}.\tag{B12}$$

Now, using the definition of the mass accretion rate, we can write

$$v_{\rm r} = \frac{3}{2} \frac{\alpha c_{\rm s}^2}{v_{\theta}}$$

$$\alpha = \frac{2}{3} \frac{v_{\rm r} v_{\theta}}{c_{\rm s}^2}$$
(B13)





**Figure C1.** Mach number as a function of radius for our simulations. The systems develop supersonic velocities with high Mach numbers. This fact explains the high Reynolds stresses in all our galaxies.

$$\alpha = \frac{2}{3} \frac{v_{\rm r}}{v_{\theta}} \left(\frac{r}{L_{c_{\rm s}}}\right)^2$$

$$\alpha = \frac{1}{3\pi} \frac{t_{\rm orb}}{t_{\rm rad}} \left(\frac{r}{L_{c_{\rm s}}}\right)^2.$$
(B14)

We emphasize that the previous expressions for M and  $\alpha$  arise after assuming a stationary process for the momentum evolution, i.e.  $\partial(\rho v_i)/\partial t = 0$ . This implies that the term inside the divergence (the rate of momentum fluxes) should be a constant. In our case, as can be seen in Fig. 11, such an assumption is not valid due to the highly dynamic nature of the system: hierarchical mass assembly producing DM halo mergers, non-isotropic accretion due to the filamentary structure around the central DM halo and SNe explosions acting on the system.

# APPENDIX C

Fig. C1 shows the Mach number of our three systems as a function of radius for different redshifts. The Mach number is defined as  $M = v_{\rm rms}/c_{\rm s}$ . Due to the violent conditions in high-redshift galaxies, our three experiments develop supersonic velocities.

# APPENDIX D

Fig. D1 shows the BH mass accretion rate as a function of redshift for our three experiments. From this figure, the effect of SNe feedback on the BH accretion rate is clear.

# APPENDIX E

Hawley (2000) proposes an alternative way to measure the Reynolds stress 'in terms of the difference between the total instantaneous AM flux, and the mass flux times the average AM':

$$\langle R_{r\theta} \rangle = \langle \rho v_{\rm r} v_{\theta} \rangle - \langle \rho v_{\rm r} \rangle \langle \ell \rangle / r, \tag{E1}$$



**Figure D1.** BH mass accretion rat for our three simulations. From left to right: NoSNe, SNe0.5 and SNe5.0. The dashed cyan line marks the Eddington accretion rate. The perturbation in our NoSNe run around z = 7 is due to a number of mergers disturbing the galactic disc. SNe feedback clearly affect the BH accretion reducing efficiently it growth.



**Figure E1.** Same as Fig. 11 but for the alternative definition of  $\alpha_{\text{R}, r\theta}$  from Hawley (2000).

with  $\langle \ell \rangle$  the fluid specific AM and *r* the radial coordinate. This quantity is shown in Fig. E1. From this figure, it is clear that the Reynolds  $\alpha$  has a similar behaviour compared with equation (31). Both expressions quantify the amount of AM flux due to perturbations in the azimuthal direction. The combination of large  $\hat{\theta}$  perturbations and low sound speed (high Mach number systems) allows high Reynolds alpha parameters.

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