

# Mealworm (*Tenebrio molitor*) Diets Relative to the Energy Requirements of Small Mygalomorph Spiders (*Paraphysa* sp.)

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This article describes the basic prey requirements of *Paraphysa* sp., a small mygalomorph spider from the central Andes. *Paraphysa* sp. can be maintained in captivity using mealworms (*Tenebrio molitor*) as its primary food source. During a period of 66 days the prey requirements (larvae/day) were calculated for weight maintenance and compared with findings of previously reported resting and active metabolic rates. The spiders in this study ate at frequencies between 0.18 and 0.59 larvae/day, with an average of  $0.43 \pm 0.14$  larvae/day. From the regression line between frequency of feeding (larvae/day) and weight gain, we determined that 0.31 larvae/day were needed for a weight gain of 0. Thus, for the spiders to increase their weight, they would need to eat more than 1 larva every 3 days. This frequency yields a caloric intake of 0.193 kcal/d, or equivalently, a carbon dioxide production of 0.189 mL CO<sub>2</sub>/g·h. The findings in this report are greater than the resting metabolic rate at 35°C, an