

Interactions between β 1 and β 2 adrenergic receptor polymorphisms as risk factors for chronic heart failure Interacción entre los polimorfismos del receptor β 1 y β 2 adrenérgico como predictor de riesgo de insuficiencia cardiaca crónica

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Background: β adrenergic receptors (AR) are highly polymorphic and important regulators of cardiovascular homeostasis. Among these, β 1 and β 2 AR regulate cardiac contractility and frequency and are important pharmacological targets. **Aim:** To evaluate genotype and gene-gene interaction between β 1-AR Arg389Gly and β 2-AR Arg16Gly, Gln27Glu and Thr164Ile polymorphisms, as risk factors for HF. **Material and methods:** Eighty chronic HF patients and eighty-eight controls matched by age and sex were genotyped for β 1-AR Arg389Gly, β 2-AR Arg16Gly, Gln27Glu and Thr164Ile polymorphisms. **Results:** The presence of β 2-AR Glu allele was a risk predictor for HF (odds ratio (OR) =2.81; 95% confidence intervals (CI) =1.49-5.31).

Interactions that increased the risk for HF were found in patients carrying at least one of the β 2-AR Glu and β 2-AR Gly allele (OR =3.81; 95% CI =1.50-0.70) and β 2-AR Glu and β 1-AR Gly allele

combination (OR =5.51; 95% CI =2.19-13.86). Furthermore, the frequency of β 2-AR Glu allele w