

Quality of life impairment among postmenopausal women varies according to race

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Background.Few studies have addressed the impact of menopausal symptom severity over quality of life QoL in Latin American women with different ethnics. **Objective.**To assess menopausal symptom severity and the QoL among postmenopausal Colombian women with three different ethnicities. **Method.**Data of healthy naturally occurring postmenopausal Hispanic, indigenous and black women aged 40-59 years who participated in a cross-sectional study filling out the Menopause Rating Scale MRS and a general questionnaire was analysed. **Results.**A total of 579 women were included, 153 Hispanic, 295 indigenous and 131 Afro-descendent. Hispanic women had an average age of 55.3 ± 3.3 years. Indigenous and black women were less educated than the Hispanic ones 2.2 ± 1.8 and 4.6 ± 4.4 vs. 6.4 ± 3.5 years, $p < 0.0001$. Hispanic women displayed lower total MRS scores better QoL when compared to indigenous and black women. Urogenital scoring was worse among indigenous women compared to Hispanic and black women. BI