

Factors associated with maintenance of contraception among adolescents

Factores asociados a la continuidad del uso anticonceptivo en adolescentes solteras nulíparas

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Background: Factors such as personal issues, family, sexuality and sexual partner characteristics are strongly associated with contraceptive continuation among single, nulliparous female adolescents. **Aim:** To determine factors associated to contraceptive maintenance among female nulliparous adolescents. **Material and methods:** A cohort of 2,811 adolescents, who confidentially requested contraception in a sexual and reproductive health university center from 1990 to 2006 was analyzed. Two years after the request, their clinical records were reviewed to determine the time and length of contraception. Using life table analysis, the variables related to continuation or discontinuation of contraception were identified. **Results:** Factors associated with a longer contraceptive use were a lower age at the moment of initiating the method, a better academic achievement and aspirations, higher schooling of the partner, higher age of the mother, having an adolescent mother, supervision of permissions