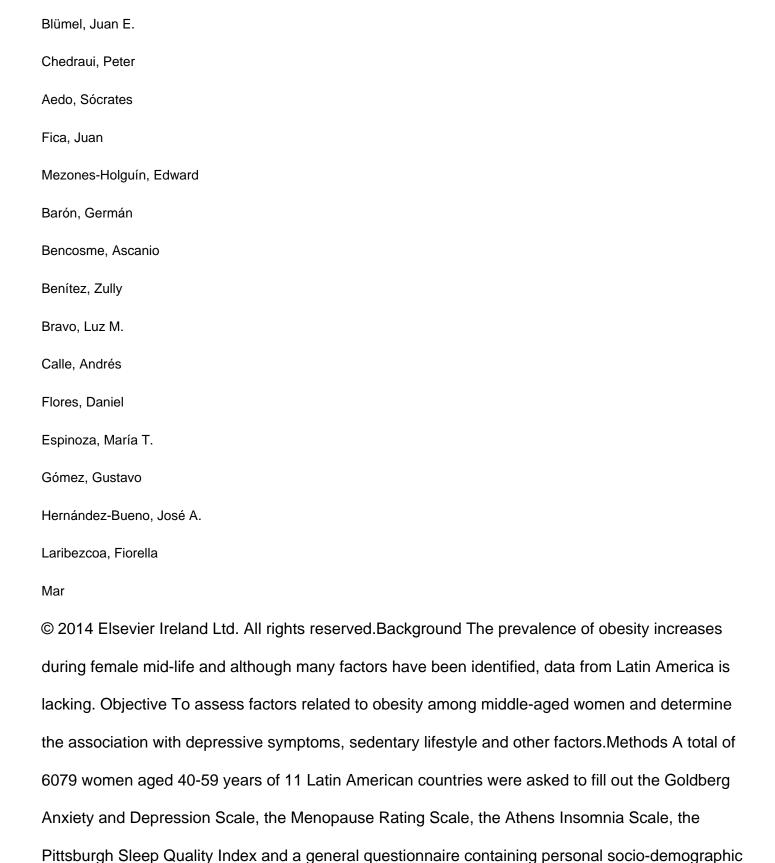
Obesity and its relation to depressive symptoms and sedentary lifestyle in middle-aged women



data, anthropometric measures and lifestyle information. Obesity was defined as a body mass index

(BMI) ?30 kg/m2.Results Obesity was observed in 18.5% and sedentary lifestyle in 63.9%. A 55.5% presented vasomotor symptoms, 12.2% had severe menopausal symptoms and 13.2% used hormone therapy for the menopause. Prevalence of depress