

Anticonception in adolescence: Motivations, elections and health education in a center of reproductive medicine of Chile Anticoncepción en la adolescencia: motivaciones, elecciones y educación sanitaria en un centro de medicina reproductiva de Chile

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© 2017 Ediciones Mayo, S.A. All rights reserved. Objective: To identify the motivations and contraceptive choices of adolescents at the Center for Reproductive Medicine and Adolescent Comprehensive Development (CEMERA) and to explore how health education influences the final choice of a contraceptive method (CCM). Subjects: A sample of 16 adolescents between 15 and 19 years who consulted for the first time at CEMERA during the year 2015. Methodology: Qualitative methodology and exploratory design were used. To do this, we used in-depth interviews conducted by a team of researchers and that were processed through content analysis. Results: Adolescents acquire mostly information on CCM from the nearby circle. The motivation for using a CCM in adolescents who had started sex was pregnancy prevention. However, for those who have not started sexual life, the main motivation was their future projections. The choice of CCM was based on comfort, few side effects, long duration and little memor