

Psychopathology of Mixed States

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[Ver número de ResearchID y ORCID de Web of Science](#)

PSYCHIATRIC CLINICS OF NORTH AMERICA

Volumen: 43

Número: 1

Páginas: 27-+

DOI: 10.1016/j.psc.2019.10.003

Fecha de publicación: MAR 2020

Tipo de documento: Article

[Ver impacto de la revista](#)

Abstract

Mixed states are frequent clinical pictures in psychiatric practice but are not well described in nosologic systems. Debate exists as to defining mixed states. We review factor and cluster analytical studies and prominent clinical/conceptual models of mixed states. While mania involves standard manic symptoms and depression involves standard depressive symptoms, core additional features of the mixed state are, primarily, psychomotor activation and, secondarily, dysphoria. Those features are more pronounced in mixed mania than in mixed depression but are present in both.

Palabras clave

Palabras clave de autor: [Mixed states](#); [Psychopathology](#); [Factor structure](#); [Conceptual models](#); [Mixed depression](#); [Mixed mania](#)

KeyWords Plus: [BIPOLAR DISORDER](#); [PHENOMENOLOGICAL SUBTYPES](#); [DEPRESSIVE EPISODE](#); [SYMPTOM STRUCTURE](#); [CLINICAL-PICTURE](#); [MANIC SYMPTOMS](#); [PREVALENCE](#); [FEATURES](#); [MOOD](#); [VALIDATION](#)

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PHILADELPHIA, PA 19103-2899 USA

Información de la revista

- **Impact Factor:** [Journal Citation Reports](#)

Categorías / Clasificación

Áreas de investigación:Psychiatry

Categorías de Web of Science:Psychiatry

Información del documento

Idioma:English

Número de acceso: WOS:000518867200004

ID de PubMed: 32008686

ISSN: 0193-953X

eISSN: 1558-3147